

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/14/20

PATIENT: CARTER, ALLYSON **DOB:** 03/18/1985 **Gender:** FEMALE **MRN:** 443 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Covid testing

HISTORY OF PRESENT ILLNESS: Ms. Carter present today for covid testing. She is experiencing chills, sinus pressure, sore throat, and right ear pain since Wednesday of last week. She states she has bad breath even though she is brushing her teeth and she has thick drainage that she can taste. She also mentions a cough and slight SOB. She has been taking OTC Tylenol as needed. Thinks she may have a sinus infection. Denies loss of taste/smell or fever. She is request a COVID test as she is scheduled for a surgical procedure next week.

VITALS: BP: 159/98 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 104; **Temp:** 97.2; **Resp:** 16; **Ht:** 68 in.; **Wt:** 369 lbs.; **BMI:** 56.1; **Pulse Oximetry:** 104%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Prozac 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Xanax 1 mg tablet (TAKE 1/2 to 1 TABLET (1 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR ANXIETY(Called into Adams Dr)
fluoxetine 20 mg capsule (TAKE 1 CAPSULE (20 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
fluoxetine 40 mg capsule (TAKE 1 CAPSULE (40 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
trazodone 50 mg tablet (TAKE 1 OR 2 TABLET(S) BY ORAL ROUTE ONCE DAILY AT BEDTIME)

PAST MEDICAL HISTORY: Thyroid problems and allergic to artificial sweeteners, GERD, GAD/depression, insomnia.

FAMILY HISTORY: Mother with history of:Breast Cancer

Other family disorders: Prostate ca, skin ca, DM II, heart disease, HTN, migraines, stroke, thyroid disorder, RA, OA

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Rocephin 250mg (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Self- isolate for 10 days. Tylenol every 4 hrs if needed for pain/fever. Go to nearest ER if chest pain, sob, confusion, or worsening symptoms develop.
She verbalized understanding.

azithromycin 250 mg tablet

Refills: 0 Qty: 1 PACKAGE

Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET daily for 4 days.

Electronically signed by Lindsey Barton, CRNP on 12/16/20 8:11 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.