

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/02/20

PATIENT: COX, BRITTANY **DOB:** 10/08/1990 **Gender:** FEMALE **MRN:** 444 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Possible sinus infection

HISTORY OF PRESENT ILLNESS: Symptoms began 1 week ago. She was treated at urgent care in Prattville for sinus infection. She was given steroid and antibiotic shots. She has been on augmentin for the past week. She was exposed to someone with possible COVID over the weekend. That person is waiting their results. She reports fatigue, foggy feeling, sinus drainage but mostly congestion. Sinus pressure and dry cough. Denies fever, n/v/d, sob, or loss of taste or smell. She wants rapid COVID testing.

VITALS: BP: 120/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.2; **Resp:** 14; **Ht:** 69.6 in.; **Wt:** 290.8 lbs.; **BMI:** 42.2; **Pulse Oximetry:** 98%; **FDLMP:** 09/28/20

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Adderall 30 mg tablet (BID)
Celexa 40 mg tablet (Says she takes 60mg)
Klonopin 0.5 mg tablet
levothyroxine 112 mcg capsule (Does not know the dosage)

PAST MEDICAL HISTORY: chronic sinus infections, ADD, hypothyroidism, GAD/depression, seasonal allergies, asthma

PAST SURGICAL HISTORY: Tonsils and adenoids, broken nose

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use

FAMILY HISTORY: None known

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + bilateral maxillary sinus tenderness. No frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/02/20

PATIENT: COX, BRITTANY **DOB:** 10/08/1990 **Gender:** FEMALE **MRN:** 444 **AGE:** 29 Years

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)

J01.90 - Acute sinusitis, unspecified

J30.2 - Other seasonal allergic rhinitis

PLAN:

Rapid COVID negative.

She was exposed to a friend over the weekend with possible COVID. The friend is waiting results. Advised Brittany to self-isolate until her friend's COVID status is known. She verbalized understanding.

D/C augmentin. Start Rx as per below.

Follow up if no improvement or worsening symptoms.

Medrol (Pak) 4 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS

Flonase Allergy Relief 50 mcg/actuation nasal spray,suspension

Refills: 1 Qty: 1 UNIT(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE twice daily as needed for congestion

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 10/02/20 2:43 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.