

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/12/18

PATIENT: GODWIN, ASHLEY **DOB:** 06/18/1982 **Gender:** **MRN:** 459 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: flu like symptoms

Symptoms: fever, cough, denies aches or headache

VITALS: BP: 150/98 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 118 **BP2:** 159/82 **Site2:** LEFT ARM **Position2:** SITTING **Pulse2:** 121; **Temp:** 100.3

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fever, infertility; Patient denies: Chills, Nausea, Vomiting, Dizziness, Fatigue,

ENMT: Patient is positive for: cough, runny nose, Patient denies: sore throat, earache, sinus pain,

HEENT: All negative for blurred vision, cataracts, diplopia, dry eyes, drainage, glaucoma, headache, itching, pain, photophobia, and visual loss.

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

GASTROINTESTINAL: All negative for abdominal pain, appetite loss, anorexia, belching, constipation, diarrhea, flatulence, heartburn, hematchezia, hematemesi, indigestion, mass, swelling and ulcers.

MUSCULOSKELETAL: Patient denies

NEUROLOGIC: Patient denies:

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERLA, lids and conjunctivae appear normal, sclera white. Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation. Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness. Productive

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cough noted.

DERMATOLOGIC: Temperature: warm dry; normal turgor, no jaundice, no signs of infection, no rash or lesions noted.

LYMPHATIC: No adenopathy.

NEUROLOGIC: DTR's and +2/4 and bilaterally symmetric for upper and lower extremities. Cranial nerves grossly intact. No focal deficit.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

INFLUENZA (1 unit(s)): In-House Lab

ASSESSMENT:

B34.9 - VIRAL INFECTION, UNSPECIFIED (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED
R05 - COUGH

PLAN:

Pt. instructed to rest and increase fluid intake.

Pt. instructed to follow up with Fertility Specialist before taking any OTC medications.

Follow up in clinic or ED if symptoms worsen.

Electronically signed by Carol Stewart, NP on 02/12/18 9:44 AM