

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/04/24

PATIENT: GODWIN, ASHLEY **DOB:** 06/18/1982 **Gender:** FEMALE **MRN:** 459 **AGE:** 42 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: non productive cough, sore throat, chest tightness, sinus pressure, and bilateral ear pain for 3 days.

HISTORY OF PRESENT ILLNESS: Ms. Godwin is a 42 yo female here today for cough, sore throat, sinus pressure, intermittent chest tightness, and bilateral ear pain x 3 days. She has been taking otc dayquil for symptomatic relief. Denies fever. Her children have had similar symptoms recently and have tested negative for everything except her daughter was recently diagnosed with pneumonia.

VITALS: BP: 134/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 96.7; **Resp:** 17; **Ht:** 64 in.; **Wt:** 173.8 lbs.;
BMI: 29.83; **Pulse Oximetry:** 98%; **FDLMP:** 11/20/24

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: preeclampsia with first child.

PAST SURGICAL HISTORY: C-section, Hysteroscopy and laproscopy. Egg retrievals.

SOCIAL HISTORY: Works at AUM. Married. 2 children. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA Rapid Test (1 unit(s)): In-House Lab

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THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA Rapid Test:

Value: Negative

Comment: Flu A and B negative.

COVID Rapid Testing:

Value: Negative

Dexamethasone 4mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

R09.81 - NASAL CONGESTION

R05.9 - COUGH, UNSPECIFIED

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Will treat symptoms. Given steroid injection in office to help with congestion and Rx as per below. Follow up as needed.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS as needed for cough/congestion

Electronically signed by Lindsey Barton, CRNP on 12/04/24 12:57 PM

L. Barton, DNP, CRNP

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