

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/09/24

PATIENT: FORD, KATHERINE **DOB:** 11/05/1992 **Gender:** FEMALE **MRN:** 4670 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Patient c/o urinary frequency and fullness to bladder. Reports not feeling as if she has fully emptied her bladder after urinating, then needing to go again within 10-15 mins. Patient reports she saw her gyn regarding this, was told could be overactive bladder, but no medication or referral given. Patient denies vaginal discharge, odor, burning or pain with urination.

VITALS: BP: 104/64 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 75; **Temp:** 98.4; **Resp:** 16; **Ht:** 65 in.; **Wt:** 159 lbs.;
BMI: 26.45; **Pulse Oximetry:** 97%; **FDLMP:** 12/17/23

ALLERGIES: Augmentin (Drug-induced nausea and vomiting); Ceftin (Drug-induced nausea and vomiting)

MEDICATIONS:

valacyclovir 1 gram tablet (take 2 tablets twice daily x 1 day at onset of flare up.)

PAST MEDICAL HISTORY: Acne-on spironolactone

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies tobacco or recreational drug use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab

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RESULTS:

UA:

Appearance: LIGHT YELLOW

Color: CLEAR

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.015

Blood: Negative

pH: 8

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Negative

ASSESSMENT:

R35.0 - FREQUENCY OF MICTURITION (PRIMARY)

PLAN:

Referral: Newman, Dr. Alfred (Urology)

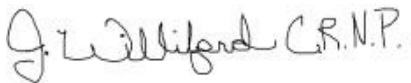
No Special Instructions

Detrol 2 mg tablet

Refills: 0 Qty: 60 TABLET(S)

Instructions: TAKE 1 TABLET (2 MG) BY ORAL ROUTE 2 TIMES PER DAY

Electronically signed by Joyce Williford, CRNP on 01/09/24 3:10 PM

 J. Williford CRNP