

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/24/23

PATIENT: FORD, KATHERINE **DOB:** 11/05/1992 **Gender:** FEMALE **MRN:** 4670 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat, runny nose, sinus congestion, and head pressure x 3 days. Denies fever. Has not tried any otc meds for symptomatic relief.

VITALS: BP: 98/64 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 80; **Temp:** 97.7; **Resp:** 16; **Ht:** 65 in.; **Wt:** 157.1 lbs.;
BMI: 26.14; **Pulse Oximetry:** 98%; **FDLMP:** 02/14/23

ALLERGIES: Augmentin (Drug-induced nausea and vomiting); Ceftin (Drug-induced nausea and vomiting)

PAST MEDICAL HISTORY: Acne-on spironolactone

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies tobacco or recreational drug use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous with petechiae to upper palate without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

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ASSESSMENT:

J02.8 - Acute pharyngitis due to other specified organisms (PRIMARY)

B00.1 - Herpesviral vesicular dermatitis

PLAN:

Will treat for acute bacterial pharyngitis. Tylenol or motrin as needed for pain/fever. Augmentin and ceftin made her have vomiting several years ago. Will try cefdinir. Call office if she is unable to keep it down. Follow up as needed.

cefдинир 300 mg capsule

Refills: 0 Qty: 20 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

valacyclovir 1 gram tablet

Refills: 3 Qty: 4 TABLET(S)

Instructions: take 2 tablets twice daily x 1 day at onset of flare up.

Electronically signed by Lindsey Barton, CRNP on 02/24/23 10:33 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.