

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/07/22

PATIENT: FORD, KATHERINE **DOB:** 11/05/1992 **Gender:** FEMALE **MRN:** 4670 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: low grade fever

HISTORY OF PRESENT ILLNESS: Pt is a 29 YOF who called today with low grade fever of 99 degrees. She c/o dry cough, sore throat, head ache and pressure, sinus congestion, pain with a deep breath since Sunday. She is COVID and flu vaccinated. Denies any pertinent PMH. Denies N/V/D, denies body aches or fatigue, denies recent exposure to contagious illness.

VITALS: BP: 106/72 **Pulse:** 91; **Temp:** 98.2; **Resp:** 17; **Ht:** 65 in.; **Wt:** 152.9 lbs.; **BMI:** 25.44; **Pulse Oximetry:** 99%

ALLERGIES: Augmentin; Ceftin

MEDICATIONS:

spironolactone 50 mg tablet

PAST MEDICAL HISTORY: Acne-on spironolactone

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies tobacco or recreational drug use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Maxillary sinus tenderness. Throat- erythema without exudates. No anterior or posterior cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Solumedrol 125mg/2ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

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RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Negative

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R51.9 - HEADACHE, UNSPECIFIED

J01.00 - ACUTE MAXILLARY SINUSITIS, UNSPECIFIED

J01.90 - ACUTE SINUSITIS, UNSPECIFIED

PLAN:

RX to pharmacy. Call if no improvement in 3-5 days. OTC fever reducers for low grade fever. No fever in clinic.

clarithromycin 500 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Maranda Fain, CRNP on 06/07/22 2:01 PM

M. Fain, CRNP