

Jackson Clinic • 1722 PINE ST, MONTGOMERY AL 36106-1104

FORD, Katherine (Id #484099, dob: 11/05/1992)**Patient
Name**FORD, KATHERINE (31yo, F) ID#
484099**Appt. Date/Time**

01/24/2024 02:00PM

DOB

11/05/1992

Provider

ALFRED NEWMAN, MD

Service Dept.

JUC_Jackson Urology 903

InsuranceMed Primary: BCBS-AL (PPO)
Insurance #: QAU809527747
Policy/Group #: 37655
Prescription:**Chief Complaint****Transition of Care Encounter****Patient's Pharmacies****PUBLIX #1026 CORNERSTONE (ERX): 7700 VAUGHN ROAD, MONTGOMERY, AL 36116, Ph (334) 290-4922, Fax (334) 290-4927****Vitals**

2024-01-24 14:34

Ht: Not Performed - Not
indicated**Wt:** Not Performed - Not
indicated**BP:** Not Performed - Not
indicated**Allergies****Reviewed Allergies****AUGMENTIN**, unable-to-assess criticality**Medications****Reviewed Medications****Bactrim DS 800 mg-160 mg tablet**

Take 1 tablet(s) every day by oral route at bedtime for 30 days.

01/24/24 prescribed

cefdinir 300 mg capsule

TAKE ONE CAPSULE BY MOUTH EVERY 12 HOURS

02/24/23 filled

Detrol LA 2 mg capsule, extended release

Take 1 capsule(s) twice a day by oral route.

01/24/24 entered

doxycycline monohydrate 100 mg tablet

TAKE ONE TABLET BY MOUTH TWICE A DAY

01/18/23 filled

famotidine 40 mg tablet

TAKE ONE TABLET BY MOUTH EVERY NIGHT AS NEEDED

03/07/23 filled

fluconazole 150 mg tablet

TAKE ONE TABLET BY MOUTH TODAY, REPEAT EVERY 3 DAYS UNTIL ALL TAKEN

01/18/23 filled

metaxalone 800 mg tablet

TAKE ONE TABLET BY MOUTH EVERY 8 HOURS FOR MUSCLE SPASM

03/07/23 filled

pantoprazole 40 mg tablet, delayed releaseTAKE ONE TABLET BY MOUTH EVERY MORNING ON AN EMPTY STOMACH AND NO
FOOD FOR 30 MINUTES

03/07/23 filled

spironolactone 50 mg tablet

TAKE ONE TABLET BY MOUTH EVERY MORNING

03/07/23 filled

terconazole 0.4 % vaginal cream

USE ONE APPLICATORFUL IN VAGINA AT BEDTIME FOR 7 DAYS

01/18/23 filled

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TAKE ONE TABLET BY MOUTH TWICE A DAY

01/12/24 filled

valACYclovir 1 gram tablet

TAKE TWO TABLETS BY MOUTH TWICE A DAY FOR 1 DAY AT ONSET OF FLARE UP

09/13/23 filled

valACYclovir 500 mg tablet

TAKE ONE TABLET BY MOUTH TWICE A DAY

11/20/23 filled

Problems**Reviewed Problems**

- Increased frequency of urination - Onset: 01/24/2024

Family History**Reviewed Family History****Social History****Reviewed Social History****Substance Use**

Do you or have you ever smoked tobacco?: Unknown if ever smoked

Surgical History**Reviewed Surgical History****GYN History****Reviewed GYN History****Obstetric History****Reviewed Obstetric History****Past Medical History****Reviewed Past Medical History****Screening**

None recorded.

HPI

This 31-year-old female seen today as a new patient with a frequency in fullness.

ROS

Patient reports no fever and no chills. She reports no irritation. She reports no difficulty hearing. She reports no sinus problems. She reports no sore throat. She reports no chest pain, no arm pain on exertion, no shortness of breath when walking, no shortness of breath when lying down, no palpitations, no known heart murmur, and no edema. She reports no cough, no wheezing, no shortness of breath, no coughing up blood, and no sleep apnea. She reports no abdominal pain, no nausea, and no vomiting. She reports no incontinence, no difficulty urinating, no hematuria, no increased frequency, no dysuria, no rashes, and no lesions/ulcerations. She reports no muscle aches, no muscle weakness, no arthralgias/joint pain, no back pain, and no swelling in the extremities. She reports no jaundice. She reports no loss of consciousness, no weakness, no numbness, no seizures, no dizziness, and no headaches.

Physical Exam**Constitutional:** General Appearance: healthy-appearing and well-nourished. Level of Distress: no acute distress.**Lungs:** Auscultation: clear to auscultation and normal breath sounds.**Cardiovascular:** Heart Auscultation: no murmurs, rubs, or gallops and regular rate and rhythm.**Abdomen:** Inspection and Palpation: no tenderness, masses, or CVA tenderness and soft. Liver: non-tender and no hepatomegaly. Spleen: non-tender and no splenomegaly. Hernia: none palpable.**Skin:** General Appearance of extremities: no edema. Inspection and palpation: no rash or lesions and normal temperature.

female exam

Assessment / Plan

The patient reports she has a lot of frequency, she goes all the time. States it seems like every 20-30 minutes. She was

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recently given per primary doctor Detrol LA 2 mg twice a day. Patient thinks his helping. She reports being up 3 times a night urinating. Plan to give patient Bactrim DS to have on hand as well as samples of Gemtesa to try. asked patient to also decrease potassium and follow up to see me in 4-5 months for review.

Patient Goals

Goal is to ensure patient is voiding normally free of infections.

Patient Instructions

Patient is instructed to pick up prescriptions from the pharmacy as well as start Gemtesa today and follow up to see me in 4 to 5 months.

Discussion Notes

today we discussed some urgency and frequency patient is experiencing. We discussed trying patient on Gemtesa daily as well as Bactrim DS. Patient is to also decrease her potassium intake. She is to follow up to see me in 4-5 months. She expressed her understanding and will schedule next follow-up.

Return to Office

- ALFRED NEWMAN, MD for Follow-Up 15 at JUC_Jackson Urology 903 on 02/26/2024 at 08:00 AM

Encounter Sign-Off

Encounter signed-off by ALFRED NEWMAN, MD, 01/29/2024.

Encounter performed and documented by ALFRED NEWMAN, MD

Encounter reviewed & signed by ALFRED NEWMAN, MD on 01/29/2024 at 10:36am

2/22/24
Reviewed
D. Hunter, MD