

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/24/23

PATIENT: MARZETTE, CLEMENTE **DOB:** 01/19/1991 **Gender:** MALE **MRN:** 4724 **AGE:** 32 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Upper Respiratory symptoms with nausea

HISTORY OF PRESENT ILLNESS: Mr. Marzette presents to the clinic with complaints of dry cough, sinus pressure/pain, PND, nausea x 2 weeks. Patient also had 2 vomiting episodes this am. Patient denies SOB or CP. He has been taking OTC Alka Seltzer, Zyrtec and Sudafed.

Of note: His BP was normal with recent physical last month.

VITALS: BP: 145/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 75; **Temp:** 98.6; **Resp:** 20; **Ht:** 66 in.; **Wt:** 347 lbs.;
BMI: 56; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

lisinopril 10 mg tablet (Daily)
metoprolol tartrate 50 mg tablet (Daily)

PAST MEDICAL HISTORY: HTN

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies smoking or illicit drug use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Maxillary and frontal sinus tenderness noted. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/24/23

PATIENT: MARZETTE, CLEMENTE **DOB:** 01/19/1991 **Gender:** MALE **MRN:** 4724 **AGE:** 32 Years

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Dexamethasone 4mg/ml (2 unit(s)): Injection

RESULTS:

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Marzette, Daedra

ASSESSMENT:

J01.40 - Acute pansinusitis, unspecified (PRIMARY)
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS
R05.9 - COUGH, UNSPECIFIED
R09.81 - NASAL CONGESTION
R11.10 - VOMITING, UNSPECIFIED
R11.0 - NAUSEA
R09.82 - Postnasal drip

PLAN:

Take RXs as directed. Also recommended OTC Coricidin for HBP if Benzonatate does not relieve cough. May take Zyrtec with Benzonatate. Discussed decongestants can increase BP.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS FOR 10 DAYS

benzonatate 200 mg capsule
Refills: 0 Qty: 21 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

ondansetron HCl 4 mg tablet
Refills: 0 Qty: 15 TABLET(S)
Instructions: TAKE 1 TABLET PO EVERY 8 HOURS AS NEEDED FOR NAUSEA/VOMITING

Electronically signed by Robin Blackwell, CRNP on 03/24/23 11:26 AM

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/24/23

PATIENT: MARZETTE, CLEMENTE **DOB:** 01/19/1991 **Gender:** MALE **MRN:** 4724 **AGE:** 32 Years

Robin Blackwell CNP