

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/05/23

PATIENT: BICKNELL, STEPHEN **DOB:** 02/23/2007 **Gender:** MALE **MRN:** 4759 **AGE:** 16 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Nasal congestion with runny nose

HISTORY OF PRESENT ILLNESS: Patient is accompanied with his mother. Patient has complaints of nasal congestion, headache, runny nose with nausea x 2-3 days. He had Zyrtec yesterday.

VITALS: BP: 99/47 Site: LEFT ARM Position: SITTING Pulse: 78; Temp: 97.7; Resp: 16; Ht: 68.5 in.; Wt: 135.8 lbs.; BMI: 20.34; Pulse Oximetry: 98%

GROWTH PERCENTILES:

Weight/Age: 49

Height/Age: 51

Weight/Height: N/A

BMI/Age: 46

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: ADHD

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: denies

FAMILY HISTORY: HTN-maternal grandfather, DM2-maternal grandfather, CAD- maternal grandfather, COPD-maternal grandmother.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Negative

ASSESSMENT:

J30.9 - Allergic rhinitis, unspecified (PRIMARY)

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

R09.81 - NASAL CONGESTION

R51.9 - HEADACHE, UNSPECIFIED

R11.0 - NAUSEA

R09.82 - POSTNASAL DRIP

PLAN:

Samples of Alahist-PE was given. Start Flonase. Follow up as needed.

Electronically signed by Robin Blackwell, CRNP on 04/05/23 11:03 AM

Robin Blackwell CNP