

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/31/21

PATIENT: BICKNELL, STEPHEN **DOB:** 02/23/2007 **Gender:** MALE **MRN:** 4759 **AGE:** 14 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: cough, sore throat, nasal congestion

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of cough, sore throat, and nasal congestion that started yesterday. Patient also complains of a slight headache at times. No known exposure to a COVID + person, denies N/V/D, loss of taste/smell, and shortness of breath.

VITALS: BP: 129/68 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 73; **Temp:** 96.8; **Resp:** 16; **Ht:** 67.5 in.; **Wt:** 123.7 lbs.; **BMI:** 19.08; **Pulse Oximetry:** 98%

GROWTH PERCENTILES:

Weight/Age: 56

Height/Age: 69

Weight/Height: N/A

BMI/Age: 43

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: ADHD

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: denies alcohol, tobacco use and illicit drug use.

FAMILY HISTORY: maternal grandfather with heart disease, hyperlipidemia, CABG; maternal grandmother with COPD.

HEALTH MX HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R05 - COUGH
R09.81 - NASAL CONGESTION
Z20.822 - Contact with and (suspected) exposure to COVID-19

PLAN:

Given samples of Alahist PE. Recommended otc flonase. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 09/03/21 3:55 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.