

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/22/21

PATIENT: BICKNELL, STEPHEN **DOB:** 02/23/2007 **Gender:** MALE **MRN:** 4759 **AGE:** 14 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Right knee pain after sustaining injury at a football game last Friday.

HISTORY OF PRESENT ILLNESS: He was running and went to make a turn and that's when his knee started hurting. Patient complains of right knee pain when walking/running. Patient reports when pressure is applied it doesn't hurt, but when the pressure is released that is when it hurts. Pain is more intense when running and stopping abruptly. Pain is 7/10 per patient report. He has not tried any otc pain meds, but does state the pain is not as severe as it was over the weekend. He was not able to practice the last 2 days secondary to pain.

VITALS: BP: 125/66 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 94; **Temp:** 96.6; **Resp:** 16; **Ht:** 67 in.; **Wt:** 127.6 lbs.; **BMI:** 19.98; **Pulse Oximetry:** 98%

GROWTH PERCENTILES:

Weight/Age: 61
Height/Age: 62
Weight/Height: N/A
BMI/Age: 55
Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: ADHD

PAST SURGICAL HISTORY: denies

SOCIAL HISTORY: denies

FAMILY HISTORY: HTN-maternal grandfather, DM2-maternal grandfather, CAD- maternal grandfather, COPD-maternal grandmother.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. No soft tissue swelling to right knee. Able to bear full weight on extremity. No reproducible tenderness to palpation. Negative valgus/varus. Negative A/P drawer. Able to squat perpendicular and rise without difficulty.

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

S83.91XA - Sprain of unspecified site of right knee, initial encounter (PRIMARY)

PLAN:

Recommended knee sleeve and RICE for next 2 weeks. No sports until healed. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 09/22/21 4:03 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.