

NAME:

Jilliah A. Betts

Date:

02-21-2018

AUM Student Health Services Comprehensive Health History Form

Medical History: Do you have, or have you ever had any of the following? (check all that apply)

Cardiovascular ☐ High Blood Pressure ☐ Congestive Heart Failure ☐ Atrial Fibrillation ☐ Other: _____	Gastrointestinal ☐ Ulcers ☐ Pancreatitis ☐ Irritable Bowel ☐ Colitis ☐ Crohn's ☒ Reflux	Respiratory ☐ Asthma ☐ COPD / Emphysema ☐ TB (Tuberculosis)	Immunologic / Viral ☐ HIV / AIDS ☐ Herpes ☐ Epstein-Barr	Endocrine ☐ Diabetes ☐ Thyroid (Hyper/Hypo)
Neurologic ☐ Stroke ☐ Parkinson's Disease ☐ Alzheimer's / Dementia ☐ Seizure Disorder ☒ Headaches ☒ Migraines ☐ Sleep Apnea ☐ Fibromyalgia ☒ Insomnia (Can't Sleep)	Kidney & Urologic ☐ Kidney Stones ☐ Enlarged Prostate ☐ Urinary Tract Infections Liver ☐ Gallstones ☐ Cirrhosis Hepatitis: ☐ A ☐ B ☐ C	Reproductive ☐ Hysterectomy ☐ Contraceptives Used: Menstrual Cycle: ☒ Regular ☐ Irregular ☐ Genital Disease(s) ☐ Infertility ☐ Erectile Dysfunction	Ear/Nose/Throat/Eye ☐ Glaucoma ☐ Cataract ☐ Chronic Sinus Infection ☒ Upper Airway Infections ☒ Dizziness	Musculoskeletal ☐ Arthritis
Other ☐ Cancer (explain): ☐ Anemia ☐ High Cholesterol ☐ Sickle Cell ☐ On Anticoagulants ☒ Chronic Pain (explain): ☐ Skin Conditions (explain):				

Review of Systems: (check all SYMPTOMS that apply)

Currently

Systemic Weight: ☐ gain ☐ loss ☒ Fever ☒ Chills ☐ Night Sweats ☒ Pain	Gastrointestinal Appetite: ☐ good ☒ fair ☐ poor ☐ Difficulty Swallowing ☒ Nausea ☐ Vomiting ☐ Diarrhea ☐ Constipation ☐ Heartburn ☐ Rectal Bleeding ☐ Abdominal Pain	Cardiovascular ☐ Chest Pain ☐ Palpitations (irregular heartbeat)	Skin ☐ Dry Skin ☐ Itchy Skin ☐ Peeling Skin ☐ Scaling Skin ☐ Discolored Skin ☐ Rash(es) on Skin	Endocrine ☒ Excessive Thirst ☒ Heat Intolerance ☐ Cold Intolerance ☐ Excessive Sweating ☒ Feelings of Weakness
Neurologic / Head ☐ Involuntary Movements ☐ Speech Problems ☐ Paralysis ☒ Dizziness ☐ Fainting ☒ Vertigo ☐ Confusion ☒ Memory Loss ☐ Limb Weakness ☒ Balance Problems ☐ Tingling ☐ Numbness ☒ Headache ☐ Sinus Pain	Genitourinary ☐ Blood in Urine ☐ Odor in Urine ☐ Frequent Urination ☐ Difficult Urination ☐ Small Amount of Urine ☐ Night Time Urination ☐ Incontinent of Urine	Pulmonary ☐ Difficulty Breathing ☒ Short of Breath ☒ Dry Cough ☐ Productive Cough ☐ Cough with Blood ☐ Wheezing	Eye and Ears-Nose-Throat ☐ Vision ☐ Diplopia ☐ Blurry Vision ☐ Red Eyes ☐ Hearing Loss ☐ Tinnitus (ringing in ear) ☐ Epistaxis (nose bleeds) ☐ Nasal Itching ☒ Sore Throat ☐ Mouth Sores ☒ Mouth Dryness ☒ Runny Nose	Musculoskeletal ☒ Back Pain ☒ Muscle Aches ☐ Muscle Cramps ☒ Joint Pain - localized ☐ Joint Swelling - localized ☐ Joint Stiffness - localized ☐ Arthritis Pain

Please list all prior surgeries and hospitalizations for medical illnesses:

Surgeries

Nose

Wisdom teeth

Endoscope

Do you have any allergies to food or medications? If so, please list below & the type(s) of reaction (ie: hives, tongue swelling, etc.).

Sulfa Drugs

NAME:

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FAMILY HISTORY: Indicate illnesses in blood relatives. Check those that apply.

- | | | |
|--|---|---|
| ☐ Anemia | ☐ Diabetes (type 1 or 2) | ☒ Migraines/headaches GMM GMP |
| ☐ Bleeding or clotting abnormally | ☒ Heart disease PGF | ☒ Stroke GFM |
| ☐ Breast disease | ☒ High cholesterol mom | ☐ Thyroid disorder (Hypo or Hyper) |
| ☒ Cancer | ☒ High blood pressure mom | ☒ Arthritis GMM |
| ☐ Prostate | | ☐ Rheumatoid |
| ☐ Skin | | ☐ Osteoarthritis |
| ☒ Colon MGF | | |
| ☒ Lung MGF | | ☐ Connective Tissue |
| ☐ Breast | | ☐ Lupus |
| ☐ Other _____ | | Other: _____ |

SEXUAL HISTORY:Have you ever been sexually active? ☒ Yes ___ NoAre you currently sexually active? ☒ Yes ___ NoDo you use protection and or contraceptives? ☒ Yes ___ No

- | | | |
|--|-----------------------------------|---|
| ☐ birth control pills | ☐ IUD | ☒ Condoms |
| ☐ DepoProvera | ☐ Implants | ☐ Other: _____ |

Complete the following questions if you are sexually active:Are you currently having sexual relations with one partner or multiple partners? ☒ one ___ multipleNumber of partners in last year: 1Are/Is your sexual partner(s): ☒ men ___ women ___ bothHave you ever had a sexually transmitted infection (STI)(ie: HPV, Herpes, Chlamydia, Gonorrhea or other)? ___ Yes ☒ No

List STI: _____ Treated: ___ Yes ___ No

GYNECOLOGICAL HISTORY:Do you a period every month? ☒ Yes ___ NoNumber of days of flow: 3-5Menstrual cramps: ___ mild ☒ moderate ___ severe ___ normalDate of last PAP smear: never Last PAP smear results: _____ Have you ever had an abnormal Pap smears? ___ Yes ___ No

If yes, explain clinical history (including test location, date, what was done) for any abnormal PAP smear?

Are you presently trying to become pregnant or will be trying soon? ___ Yes ☒ NoHave you had a mammogram? ___ Yes ☒ No

If applicable, indicate the date and result of your last mammogram:

NAME: Jillian BettsDate: 2-21-2018Family History: Have YOU or anyone in your family ever been treated for any of the following?*Grandmothers*

	You	Father	Mother	Aunt	Uncle	Brother	Sister	Children	Grandparent	Other
Depression	\								\	
Anxiety	\		\	\					\	
Panic Attacks	\		\	\						
Post-traumatic stress										
Bipolar										
Schizophrenia										
Alcohol/Drug problems										
ADHD/ADD	/									
Suicide attempts										
Suicide										

☐ Check here if there is no known family history**Substance Abuse History**Regarding alcohol, when was your last drink? Have'tIn the past 30 days, about how many of those days have you had at least one alcoholic drink? NoneWhat is the maximum number of drinks you have had in one day in the past month? None

Have you ever experienced the following? DUI DWI Public Intoxication Seizures DT's

Please check the appropriate boxes that apply to you for the following substances:

	Never Used	Age first used	Last used on this date (approximately)	Age peak use	History of abuse	Current use and frequency
Cocaine	\					
Amphetamine or Speed	\					
Marijuana	\					
Pain Pills	\					
Cigarettes, Cigars or Tobacco	\					
Heroin	\					
Benzodiazepines (Xanax, Valium, Ativan, Restoril, Librium)	\					
Other:	\					

Pharmacy Name and NumberPlease List all current medications below

(include birth control pills, over the counter medication and herbal remedies (i.e. decongestants, St. John's Wort etc.)

Name of Medication	Dosage (Mg)	Times per Day	Dates of Use	Side Effects (if any)	Prescribing Physician
Paxil	30	1	Continued		Maxwell-ABBoTT
Zofran	4	as needed			Maxwell-ABBoTT
Xyzal	5	1			
Nexium	20	1			
XANAX	.5	as needed			C Palmer
Plethegon	25	as needed			J Parker - Maxwell

Preferred pharmacy? Maxwell AFB Clinic or Walgreens Phone #: _____