

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/29/21

PATIENT: KNIERIM, LAUREN **DOB:** 12/05/1983 **Gender:** FEMALE **MRN:** 4772 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: rash to bilateral breast

HISTORY OF PRESENT ILLNESS: Mrs. Knierim is a 37 yo female here today with red, itchy rash to bilateral breast for the past 2-3 days. She has tried mupirocin cream which helped for 1 day then the rash got worse. She also tried rx flagyl cream with the same results. She thinks it may be yeast. She has also tried otc antifungal cream with minimal relief. Denies recent change in laundry detergent or soaps.

VITALS: BP: 143/91 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 99; **Temp:** 98; **Resp:** 16; **Ht:** 64 in.; **Wt:** 155 lbs.;
BMI: 26.6; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: C-section x 3.

SOCIAL HISTORY: Married. 3 children. Works on campus. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. + erythematous, maculopapular rash to bilateral breasts in clusters.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

B37.2 - Candidiasis of skin and nail (PRIMARY)

PLAN:

Diflucan 150 mg tablet

Refills: 0 Qty: 2 TABLET(S)

Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; may repeat dose in 72 hrs if needed.

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ketoconazole 2 % topical cream

Refills: 1 Qty: 50 GRAM(S)

Instructions: APPLY TO THE AFFECTED AREA(S) BY TOPICAL ROUTE ONCE DAILY for 48 hrs after clearance of rash.

Rx as above. Follow up if no improvement or worsening symptoms.

Electronically signed by Lindsey Barton, CRNP on 11/29/21 2:46 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.