

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/22/21

PATIENT: MCCORD, WILLIE **DOB:** 06/15/1965 **Gender:** MALE **MRN:** 4779 **AGE:** 56 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: rash to left hand that started this morning.

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of a rash to the left hand that has been present since this AM. He works on campus in security. He walks around every morning checking locks. He went to the old state lab building this morning and when he left he noticed the rash and itching. He had a rash once before and he broke out all over his body and at the time had difficulty swallowing and breathing. He went to the ER and was treated with steroids, monitored, and got better. This time he states it just involves his left hand. Not sure if something bit him, stung him, or not.

During vital sign collection, blood pressure is noted to be elevated, but patient reports he did not take his morning dose of Norvasc.

VITALS: BP: 142/94 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 70; **Temp:** 96.6; **Resp:** 16; **Ht:** 73 in.; **Wt:** 278.9 lbs.;
BMI: 36.79; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Norvasc 10 mg tablet (1 tablet daily)

PAST MEDICAL HISTORY: HTN, thyroid disease. Not currently on meds for thyroid.

PAST SURGICAL HISTORY: thyroidectomy

SOCIAL HISTORY: Married with children. Works in campus police. denies tobacco and illicit drug use; occasional alcohol use.

FAMILY HISTORY: Father- HTN; Mother- HTN, Liver/stomach cancer

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. + Hives to dorsal left hand/wrist.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/22/21

PATIENT: MCCORD, WILLIE **DOB:** 06/15/1965 **Gender:** MALE **MRN:** 4779 **AGE:** 56 Years

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

R21 - RASH AND OTHER NONSPECIFIC SKIN ERUPTION (PRIMARY)

PLAN:

Recommend benadryl otc at night for itching for next 2-3 days. Given steroid shot and triamcinolone RX. ER precautions given for worsening symptoms. Follow up as needed.

triamcinolone acetonide 0.1 % topical ointment

Refills: 0 Qty: 22 GRAM(S)

Instructions: APPLY A THIN LAYER TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY

Electronically signed by Lindsey Barton, CRNP on 09/22/21 2:21 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.