

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/28/21

PATIENT: BOWEN, JALYN **DOB:** 04/22/1999 **Gender:** FEMALE **MRN:** 4785 **AGE:** 22 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: ER Follow up

HISTORY OF PRESENT ILLNESS: Ms. Bowen is a 22 yo female with PMH significant for Sjogren's syndrome. She was seen in ER on Monday. On Sunday she started having pain and swelling in hands and fatigue. She felt as if she were having a flare up of her Sjogren's. She was prescribed toradol and prednisone. She reports the pain in her hands is better today, however she has had nausea since starting the toradol. She is wondering if there is something else she can take that won't upset her stomach. She has a rheumatologist that is located out of town, but her mother has been in contact with since this flare up began.

VITALS: BP: 111/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 99.1; **Resp:** 16; **Ht:** 67 in.; **Wt:** 148.5 lbs.;
BMI: 23.25; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

hydroxychloroquine 200 mg tablet (1 tablet every other day alternating with 2 tabs daily)
ketorolac 10 mg tablet (1 tablet every 6 hrs as needed x 5 days)
prednisone 50 mg tablet (1 tablet daily x 5 days)

PAST MEDICAL HISTORY: Sjogren's

PAST SURGICAL HISTORY: 2 Buccal biopsies.

SOCIAL HISTORY: Lives at home with parents. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Grandparent- diabetes, HLD, thyroid problems.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

M35.00 - Sicca syndrome, unspecified (PRIMARY)
R53.83 - Other fatigue
R11.0 - Nausea

PLAN:

Request ER records. Rx for Duexis. D/c toradol. Follow up with PCP.

Duexis 800 mg-26.6 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain

Electronically signed by Lindsey Barton, CRNP on 08/08/21 8:48 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.