

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/21/21

PATIENT: BOWEN, JALYN **DOB:** 04/22/1999 **Gender:** FEMALE **MRN:** 4785 **AGE:** 22 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sick visit

HISTORY OF PRESENT ILLNESS: Ms. Bowen is a 22 yo female with a PMH of Sjogren's syndrome. She gets dehydrated periodically and required IVF. The last time this occurred was in July 2021. She states she has been exhausted for the past week. She has been having to take naps. She reports her lips are dry and she has dry mouth the past few days. She has a dry cough, but denies sore throat, fever, loss of taste/smell, or runny nose. She has been eating and drinking water as she normally does. She reports she has not been taking her plaquenil on a regular basis as she should recently.

Last menses- implant.

VITALS: BP: 116/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 77; **Temp:** 99.3; **Resp:** 14; **Wt:** 151.3 lbs.; **Pulse Oximetry:** 100%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain)
hydroxychloroquine 200 mg tablet (1 tablet every other day alternating with 2 tabs daily)

PAST MEDICAL HISTORY: Sjogren's

PAST SURGICAL HISTORY: 2 Buccal biopsies.

SOCIAL HISTORY: Lives at home with parents. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Grandparent- diabetes, HLD, thyroid problems.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

OFFICE PROCEDURE(S):

Procedure 1: IV Start

1520- 22 g IV initiated to right forearm x 2 attempts. Blood collected from site. NS 1 L bolus infusing at wide open. No complications

1650- IV discontinued with canula intact. 1 L bolus infusion completed.

ORDERS:

IV START (1 unit(s)): Office Procedure

UA (1 unit(s)): In-House Lab

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

FERRITIN (QUEST) (1 unit(s)): Quest Diagnostics

IRON, TIBC, %SAT (QUEST) (1 unit(s)): Quest Diagnostics

Normal saline 1L Bolus (1 unit(s)): Intervention

RESULTS:

UA:

Appearance: clear

Color: yellow

Glucose: Negative

Bill: Negative

Ketones: Negative

Sp: 1.030

Blood: Positive

pH: 7

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Positive

Comments: Leu: 25; blood: trace

ASSESSMENT:

R53.83 - OTHER FATIGUE (PRIMARY)

E86.0 - DEHYDRATION

M35.00 - SICCA SYNDROME, UNSPECIFIED

PLAN:

Follow up tomorrow if no improvement. Follow up with lab results. Her mother is also present at bedside and they verbalized understanding.

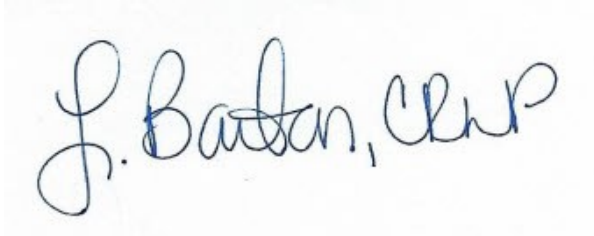
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Electronically signed by Lindsey Barton, CRNP on 10/27/21 1:28 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".