

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/29/21

PATIENT: BOWEN, JALYN **DOB:** 04/22/1999 **Gender:** FEMALE **MRN:** 4785 **AGE:** 22 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: lump in throat

HISTORY OF PRESENT ILLNESS: Ms. Bowen is a 22 yo female here today with complaints of throat irritation and feeling of a lump in her throat since last night. Denies sore throat, fever, cough, runny nose, congestion, or loss of taste or smell. She has a history of acid reflux when she eats spicy or tomato based foods but nothing on a regular basis.

LMP- implantable birth control

VITALS: BP: 117/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 85; **Temp:** 98.1; **Resp:** 16; **Ht:** 68 in.; **Wt:** 147.5 lbs.;
BMI: 22.42; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain)
hydroxychloroquine 200 mg tablet (1 tablet every other day alternating with 2 tabs daily)

PAST MEDICAL HISTORY: Sjogren's

PAST SURGICAL HISTORY: 2 Buccal biopsies.

SOCIAL HISTORY: Lives at home with parents. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY: Grandparent- diabetes, HLD, thyroid problems.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

K21.9 - Gastro-esophageal reflux disease without esophagitis

PLAN:

Recommended she take pepcid otc twice daily to help with her symptoms. Most likely related to GERD as the feeling in her throat started after eating. Follow up if no improvement or worsening symptoms.

Electronically signed by Lindsey Barton, CRNP on 11/29/21 1:05 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.