

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/22/18

PATIENT: PEACOCK, JENNIFER **DOB:** 09/23/1988 **Gender:** **MRN:** 479 **AGE:** 29 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Benign vertigo

Symptoms: Came in a year ago with symptoms and has run out of medication to help with it. Gets an ear ache when it acts up. Lymph node in neck on right. Right jaw/teeth pain/discomfort when she has vertigo.

Duration: 1-2 months

COMPLAINT 2: Swollen lymph node on (R) side of throat.

Symptoms: Some sensitivity

Location: (R) side of throat

Duration: Week

Context: Patient reports that she grinds her teeth and chews the side of her mouth. She reports that her teeth hurt on the right side also.

VITALS: BP: 125/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 98.7; **Ht:** 64 in.; **Wt:** 181.4 lbs.; **BMI:** 31.13; **FDLMP:** 02/10/18

ALLERGIES: Lortab

MEDICATIONS:

meclizine 25 mg tablet

PAST MEDICAL HISTORY: History of HTN, vertigo, migraines. Allergies to dairy, detergents, latex and lortab.

PAST SURGICAL HISTORY: Denies any history of surgeries.

SOCIAL HISTORY: Pt is sexually active with one partner, using condoms for protection. Drinks alcohol rarely. Does not use recreational drugs or tobacco. Increased stress level

FAMILY HISTORY: Uncle died from lung cancer. HTN--> Mom and Dad. Dad had migraines. Maternal Grandparents had strokes.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Dizziness,

ENMT: Patient is positive for: earache,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; EOMI; PERRL; Conjunctiva Clear; Sclera White; Light Reflex Present; Airways patent; Membranes moist; Gums pink; right buccal mucosa with old tear/mild erythema Tongue and uvula midline; TMJ with tenderness and crepitus noted with ROM.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender

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THROAT: Throat clear; No Tonsillar Hypertrophy; No exudates;

NECK: Neck Supple; Full Range of Motion; Right Anterior Cervical Lymphadenopathy and tenderness noted

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit; Gait and Station Normal;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

M26.609 - UNSPECIFIED TMJ JOINT DISORDER, UNSPECIFIED SIDE (PRIMARY)

H81.11 - BENIGN PAROXYSMAL VERTIGO, RIGHT EAR

L04.9 - ACUTE LYMPHADENITIS, UNSPECIFIED

PLAN:

ibuprofen 800 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (800 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED. TAKE WITH FOOD

prednisone 20 mg tablet

Refills: 0 Qty: 9 TABLET(S)

Instructions: 1 Tablet po bid x 3 days, then 1 tablet po daily x 3 days

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: 1 tablet po every 12 hours

meclizine 25 mg tablet

Refills: 1 Qty: 60 TABLET(S)

Instructions: 1 tab po bid prn

Will notify patient of any abnormal lab work.

Obtain mouth guard and/OR f/u with dentist asap

RTC 1 week for followup

Electronically signed by Melodye Harvey, CRNP on 02/22/18 5:19 PM

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