

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 03/01/18

PATIENT: PEACOCK, JENNIFER **DOB:** 09/23/1988 **Gender:** **MRN:** 479 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Pt in for follow up with CRNP

Symptoms: Feels a little hot while working out and taking the steroids. Throat has improved. Patient reports that she is feeling a lot better. Denies dizziness or throat pain.

ModFact: Patient reports that she is using a mouth guard to prevent from grinding her teeth.

VITALS: BP: 122/81 **Pulse:** 88; **Temp:** 98.7

ALLERGIES: Lortab

MEDICATIONS:

Bactrim DS 800 mg-160 mg tablet (1 tablet po every 12 hours)

ibuprofen 800 mg tablet (TAKE 1 TABLET (800 MG) BY ORAL ROUTE EVERY 8 HOURS AS NEEDED. TAKE WITH FOOD)

meclizine 25 mg tablet (1 tab po bid prn)

prednisone 20 mg tablet (1 Tablet po bid x 3 days, then 1 tablet po daily x 3 days)

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, & malaise.

ENMT: Patient is positive for: runny nose,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; EOMI; Conjunctiva Clear; Sclera White; Oropharynx appears normal. Airways patent, no cyanosis of lips or mucosa. membranes moist, gums pink, tongue and uvula midline, good dentation.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nasal mucosa moist and pink; mild nasal congestion

THROAT: Throat is clear, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit; Gait and Station Normal;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

L04.9 - ACUTE LYMPHADENITIS, UNSPECIFIED (PRIMARY)--Resolved

H81.11 - BENIGN PAROXYSMAL VERTIGO, RIGHT EAR

M26.609 - UNSPECIFIED TMJ JOINT DISORDER, UNSPECIFIED SIDE

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PLAN:

Continue using mouth guard.

F/U with dentist ASAP.

RTC for returning symptoms or for any other healthcare needs or concerns.

Electronically signed by Melodye Harvey, CRNP on 03/01/18 10:59 AM