

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/01/23

PATIENT: CUI, RONG **DOB:** 06/02/1962 **Gender:** FEMALE **MRN:** 4800 **AGE:** 60 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 6 month follow up

HISTORY OF PRESENT ILLNESS: Ms. Cui is a 60 yo female here today for 6 month follow up. She is accompanied by her son in law and her husband. She has no complaints today. She reports compliance with her meds and needs refills. Her SIL helps to translate.

VITALS: BP: 129/85 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 64; **Temp:** 97.5; **Resp:** 16; **Ht:** 63 in.; **Wt:** 139.8 lbs.;
BMI: 24.76; **Pulse Oximetry:** 99%

ALLERGIES: Lipitor; Penicillins

MEDICATIONS:

Crestor 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME)
Enteric Coated Aspirin 81 mg tablet,delayed release (TAKE 1 TABLET (81 MG) BY ORAL ROUTE ONCE DAILY)
Lotensin 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY)
meclizine 25 mg tablet (TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR DIZZINESS.
)
metformin 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND
EVENING MEALS)
nifedipine ER 30 mg tablet,extended release (TAKE 1 TABLET (30 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: HTN, DM2, Hyperlipidemia, Brain aneurysm, Stroke, Vertigo.

PAST SURGICAL HISTORY: brain aneurysm repair.

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use.

HEALTH MX HISTORY:

Hgb A1C- 9/2022
Microalbumin- 9/2022
Foot exam- August 2022
Eye exam- Recommended August 2022

Mammogram- 3/24/2022
Colonoscopy- never
Pap smear- 3/1/2022

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

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CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

BASIC METABOLIC PANEL (1 unit(s)): Quest Diagnostics
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

ASSESSMENT:

E11.9 - TYPE 2 DIABETES MELLITUS WITHOUT COMPLICATIONS (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
Z12.39 - Encounter for other screening for malignant neoplasm of breast
Z12.11 - Encounter for screening for malignant neoplasm of colon

PLAN:

Continue meds as prescribed. Given hemocult cards x 3 for patient to return for screening. Per her son in law they spend 6 months in the U.S. each year and a few months in their home country. They were notified they will need to find a PCP off campus since they are not affiliated with AUM. Given phone number and website for Baptist Physician Finder. Her next follow up for her yearly should be in 6 months. Her SIL verbalized understanding.

Referral: Health Center, Baptist Breast (Radiology)
No Special Instructions

Crestor 10 mg tablet
Refills: 1 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME

Lotensin 10 mg tablet
Refills: 1 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY

metformin 500 mg tablet
Refills: 1 Qty: 180 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS

nifedipine ER 30 mg tablet,extended release

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Electronically signed by Lindsey Barton, CRNP on 03/01/23 10:44 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.