

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/23/22

PATIENT: CUI, RONG **DOB:** 06/02/1962 **Gender:** FEMALE **MRN:** 4800 **AGE:** 59 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 3 month follow up

HISTORY OF PRESENT ILLNESS: Mrs. Cui is a 59 yo female here today for 3 month follow up. She has T2DM. Her last Hgb A1C 3 months ago was 6%. She reports compliance with her metformin and needs a refill. She has a history of CVA and HTN on nifedipine. She has been out of the medication for the last 1 week.

She c/o dizziness intermittently with position changes for the past 2 weeks. Worse with lying flat and laying on her right side. Denies headache, blurred vision, weakness, chest pain, SOB, or palpitations. Appetite is good.

VITALS: BP: 155/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 98.2; **Resp:** 16; **Wt:** 141.3 lbs.; **Pulse Oximetry:** 97%

ALLERGIES: Lipitor; Penicillins

MEDICATIONS:

Crestor 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME)
Enteric Coated Aspirin 81 mg tablet, delayed release (TAKE 1 TABLET (81 MG) BY ORAL ROUTE ONCE DAILY)
Lotensin 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY)
metformin 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS)
nifedipine ER 30 mg tablet, extended release (TAKE 1 TABLET (30 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: HTN, DM2, Hyperlipidemia, Brain aneurysm, Stroke.

PAST SURGICAL HISTORY: brain aneurysm repair.

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use.

HEALTH MX HISTORY:

Hgb A1C- 8/5/2021
Microalbumin- Oct. 2021
Foot exam- Oct. 2021

Mammogram- never
Colonoscopy- never
Pap smear- never

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. No Nystagmus. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

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CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

R42 - DIZZINESS AND GIDDINESS (PRIMARY)
E11.9 - TYPE 2 DIABETES MELLITUS WITHOUT COMPLICATIONS
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
Z86.79 - Personal history of other diseases of the circulatory system

PLAN:

EKG- Sinus brady at 58 bpm with no ischemic changes. Dizziness is with position changes only and no associated symptoms. Trial of meclizine for vertigo. Referral to EMIC for carotid US. Last CT Brain in November 2021 for dizziness was normal. Restart nifedipine. Follow up with labs. ER precautions given. Follow up if no improvement and in 3 months for DM recheck. She and her family verbalized understanding and are agreeable.

Referral: EMIC, East Montgomery Imaging Center (Radiology)
Instructions: Carotid US.

nifedipine ER 30 mg tablet, extended release
Refills: 1 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (30 MG) BY ORAL ROUTE ONCE DAILY

metformin 500 mg tablet
Refills: 1 Qty: 180 TABLET(S)
Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS

meclizine 25 mg tablet
Refills: 0 Qty: 30 TABLET(S)
Instructions: TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED for dizziness.

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Electronically signed by Lindsey Barton, CRNP on 05/23/22 3:43 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.