

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/05/21

PATIENT: CUI, RONG **DOB:** 06/02/1962 **Gender:** **MRN:** 4800 **AGE:** 59 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Medication refill

HISTORY OF PRESENT ILLNESS: Patient presents to clinic due to running out of her cholesterol medication. Patient is in the US visiting family from China and had plans to return to China prior to now, but with all the COVID restrictions, she has had difficulty returning. Patient was prescribed enough medication for 1 year from her MD in China, and when that time was up, she was able to call her MD for him to send her some medication to the US until she can return home. Medication was sent, but has been stuck in customs and patient is now out of her cholesterol medication. Patient speaks no English but daughter is present who speaks Chinese and English. Patient does bring her home medications with her, but all writing on the prescriptions is in Chinese. Daughter and son-in-law state they were able to look up each medication and translate them into English and report that patient takes Lotension 10mg daily for HTN, Rosuvastatin 10mg daily for cholesterol, Aspirin 100mg daily. Daughter reports there is a PRN medication but they were unable to identify what the medication is. Patient takes this medication for racing heart rate/ panic attacks.

She has a history of Type 2 diabetes that is "diet controlled". She has not seen a physician or had any labs drawn in over a year.

VITALS: BP: 165/97 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 98.2; **Resp:** 17; **Wt:** 148.1 lbs.; **Pulse Oximetry:** 98%

ALLERGIES: Lipitor

MEDICATIONS:

metformin 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS)

PAST MEDICAL HISTORY: HTN, DM2 diet controlled, Hyperlipidemia, Brain aneurysm.

PAST SURGICAL HISTORY: brain aneurysm repair.

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or

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organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
EKG (1 unit(s)): Office Procedure
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics

ASSESSMENT:

E11.9 - TYPE 2 DIABETES MELLITUS WITHOUT COMPLICATIONS (PRIMARY)
I10 - ESSENTIAL (PRIMARY) HYPERTENSION
E78.5 - HYPERLIPIDEMIA, UNSPECIFIED

PLAN:

EKG- Sinus brady at 51 BPM w/ no ischemic changes.
Follow up with lab results. Follow up in 3 months for recheck.

Crestor 10 mg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY at bedtime

Lotensin 10 mg tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY

aspirin 81 mg chewable tablet
Refills: 0 Qty: 90 TABLET(S)
Instructions: CHEW 1 TABLET (81 MG) BY ORAL ROUTE ONCE DAILY

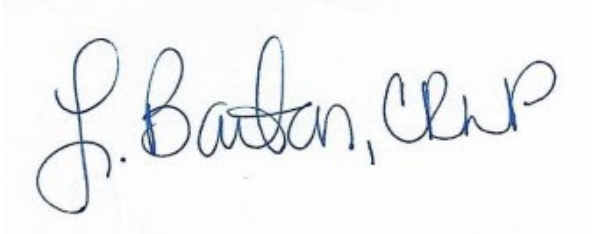
Electronically signed by Lindsey Barton, CRNP on 08/15/21 3:32 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".