

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/23/22

PATIENT: CUI, RONG **DOB:** 06/02/1962 **Gender:** FEMALE **MRN:** 4800 **AGE:** 60 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 3 month follow up

HISTORY OF PRESENT ILLNESS: Mrs. Cui is a 60 yo female here today for 3 month diabetes follow up. She is not fasting this morning. She does need a refill of her medications.

She c/o "panic feeling" in her heart at night intermittently. Her daughter is at the bedside to translate. She states she has came to her a few nights this month with the symptoms and tells me she thinks it's her heart racing. She reports seeing a cardiologist in China 10 years or so ago and was told everything looked ok. She does take an herb that is available in her country for the symptoms when needed. Denies chest pain, SOB, or lower extremity swelling. She has occasional dizziness that is relieved with meclizine.

VITALS: BP: 139/95 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 70; **Temp:** 97.1; **Resp:** 16; **Wt:** 143.9 lbs.; **Pulse Oximetry:** 97%

ALLERGIES: Lipitor; Penicillins

MEDICATIONS:

Crestor 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME)
Enteric Coated Aspirin 81 mg tablet, delayed release (TAKE 1 TABLET (81 MG) BY ORAL ROUTE ONCE DAILY)
Lotensin 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY)
meclizine 25 mg tablet (TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED for dizziness.)
metformin 500 mg tablet (TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS)
nifedipine ER 30 mg tablet, extended release (TAKE 1 TABLET (30 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: HTN, DM2, Hyperlipidemia, Brain aneurysm, Stroke, Vertigo.

PAST SURGICAL HISTORY: brain aneurysm repair.

SOCIAL HISTORY: denies tobacco, alcohol, and illicit drug use.

HEALTH MX HISTORY:

Hgb A1C- 5/2022
Microalbumin- Oct. 2021
Foot exam- August 2022
Eye exam- Recommended August 2022

Mammogram- 3/24/2022
Colonoscopy- never
Pap smear- 3/1/2022

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

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HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. See DM Foot Exam sheet.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

EKG (1 unit(s)): Office Procedure

ASSESSMENT:

R00.2 - PALPITATIONS (PRIMARY)

E11.9 - TYPE 2 DIABETES MELLITUS WITHOUT COMPLICATIONS

I10 - ESSENTIAL (PRIMARY) HYPERTENSION

PLAN:

Will return next week for fasting labs. EKG- NSR at 66 BPM w/ no ischemic changes. Referral to cards for further work up for palpitations. Continue meds as prescribed. Explained that dizziness can be a sign of a stroke so if the dizziness is different from her usual or persists then she will need to be seen. Follow up in 6 months for diabetes or sooner if needed. Recommended yearly eye exams. Family verbalized understanding.

Labs- CBC, CMP, FLP, TSH, Hgb A1C. Microalbumin.

Crestor 10 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME

Enteric Coated Aspirin 81 mg tablet, delayed release

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (81 MG) BY ORAL ROUTE ONCE DAILY

Lotensin 10 mg tablet

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY

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meclizine 25 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR DIZZINESS.

metformin 500 mg tablet

Refills: 1 Qty: 180 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH MORNING AND EVENING MEALS

nifedipine ER 30 mg tablet, extended release

Refills: 1 Qty: 90 TABLET(S)

Instructions: TAKE 1 TABLET (30 MG) BY ORAL ROUTE ONCE DAILY

Referral: Arshad, Dr. Tamjeed (Cardiology)

No Special Instructions

Electronically signed by Lindsey Barton, CRNP on 08/23/22 4:02 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.