

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/12/22

PATIENT: GHOLSTON, ALEXIS **DOB:** 06/22/1985 **Gender:** FEMALE **MRN:** 4801 **AGE:** 36 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: School Physical

HISTORY OF PRESENT ILLNESS: Pt is a 36 YOF who comes in for school of nursing physical. She denies any current problems, feeling well. PMH of migraines, has used Topamax in the past as needed.

VITALS: BP: 132/98 **Pulse:** 92; **Temp:** 97.5; **Resp:** 16; **Ht:** 63 in.; **Wt:** 131.4 lbs.; **BMI:** 23.27; **Pulse Oximetry:** 99%

ALLERGIES: Sulfa (Sulfonamide Antibiotics); codeine; latex

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Migraines, Bells Palsy

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies use of tobacco and illicit drugs. Occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement. Wearing glasses.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

MMR TITER (1 unit(s)): Quest Diagnostics

ASSESSMENT:

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Z01.84 - ENCOUNTER FOR ANTIBODY RESPONSE EXAMINATION (PRIMARY)

Z00.00 - Encounter for general adult medical examination without abnormal findings

PLAN:

Normal Exam. MMR titer per school requirements. Return as needed. Will notify of lab results.

Electronically signed by Maranda Fain, CRNP on 05/12/22 3:01 PM

M. Fain, CRNP