

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/21/22

PATIENT: KISSEN, MARIJN **DOB:** 02/16/2003 **Gender:** FEMALE **MRN:** 4827 **AGE:** 18 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cardiac Clearance

HISTORY OF PRESENT ILLNESS: Ms. Kissen is a 18 yo female here today for cardiac clearance. She was diagnosed with COVID last week. She denies symptoms to include chest pain, sob, dizziness, or palpitations.

She is on birth control and reports no cycle.

VITALS: BP: 135/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 82; **Temp:** 96.5; **Resp:** 16; **Ht:** 66 in.; **Wt:** 186.3 lbs.;
BMI: 30.06; **Pulse Oximetry:** 99%

GROWTH PERCENTILES:

Weight/Age: 96

Height/Age: 75

Weight/Height: N/A

BMI/Age: 93

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Drinks alcohol occasionally. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

EKG (1 unit(s)): Office Procedure

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)

Z02.5 - Encounter for examination for participation in sport

PLAN:

EKG- NSR at 76 BPM with no ischemic changes. Medically cleared to return to sports.

Electronically signed by Lindsey Barton, CRNP on 01/21/22 8:41 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.