

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/23/23

PATIENT: BASS, LEXIUS **DOB:** 04/13/1999 **Gender:** FEMALE **MRN:** 4834 **AGE:** 23 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Upper respiratory symptoms

HISTORY OF PRESENT ILLNESS: Ms. Bass presents to the clinic with complaints of sore throat, sinus drainage dry cough and fatigue x 2 days. She reports she get sinus infections easily.

VITALS: BP: 123/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 97.1; **Resp:** 16; **Ht:** 64 in.; **Wt:** 175.3 lbs.;
BMI: 30.08; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Zyrtec 10 mg capsule

PAST MEDICAL HISTORY: Denies, obesity per BMI

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Denies, lives on campus with roommates.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; congested. Maxillary tenderness noted, no frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

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Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Dexamethasone 4mg/ml (2 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 8 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS
R53.83 - OTHER FATIGUE
R05.9 - COUGH, UNSPECIFIED
J01.90 - ACUTE SINUSITIS, UNSPECIFIED

PLAN:

Take aRX as directed. Follow up as needed.

Zithromax Z-Pak 250 mg tablet
Refills: 0 Qty: 1 PACKET(S)
Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

benzonatate 200 mg capsule
Refills: 0 Qty: 21 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Electronically signed by Robin Blackwell, CRNP on 02/23/23 3:20 PM

Robin Blackwell CNP