

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/13/21

PATIENT: BASS, LEXIUS **DOB:** 04/13/1999 **Gender:** FEMALE **MRN:** S00365624 **AGE:** 22 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: C/O covid exposure with symptoms.

HISTORY OF PRESENT ILLNESS: Pt is a 2 YOF who comes in with sore throat, chills, body aches, chest congestion, nasal congestion, yellow mucous, cough. She denies known fever. Denies N/V/D. Recent exposure Friday. She is not vaccinated. Obese.

VITALS: BP: 112/79 **Pulse:** 72; **Temp:** 97; **Resp:** 16; **Ht:** 64 in.; **Wt:** 192 lbs.; **BMI:** 32.95; **Pulse Oximetry:** 99%;
FDLMP: 09/13/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Allegra Allergy 180 mg tablet (One tablet as needed by mouth for allergy symptoms)

PAST MEDICAL HISTORY: Denies, obesity per BMI

PAST SURGICAL HISTORY: Tonsillectomy

SOCIAL HISTORY: Denies, lives on campus with roommates.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:

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Value: Negative

Abbott Binax Now Rapid COVID :

Value: Positive

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

Z20.822 - CONTACT WITH AND (SUSPECTED) EXPOSURE TO COVID-19

J98.8 - OTHER SPECIFIED RESPIRATORY DISORDERS

U07.1 - COVID-19

PLAN:

Pt had recent COVID exposure with COVID symptoms onset Saturday. She is obese and qualifies for Monoclonal Antibodies. Rapid COVID test positive. Strep negative. Given COVID instruction sheet. Given ER precautions. Given COVID medications directions based on instruction sheet. Offered monoclonal antibodies, but pt declined. Asked her to review information and call us if she changes her mind. Encouraged vaccination. She verbalized understanding. Will follow up as needed or if s/s worsen.

Electronically signed by Maranda Fain, CRNP on 09/13/21 11:10 AM

Handwritten signature of M. Fain, CRNP in cursive script.