

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/23/21

PATIENT: WANG, JI **DOB:** 06/13/2001 **Gender:** MALE **MRN:** 4839 **AGE:** 20 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: upper mid abdominal pain since last night

HISTORY OF PRESENT ILLNESS: Patient reports to clinic with complaints of upper mid abdominal pain that started last night. Patient reports pain is so bad he hardly got any sleep. Last bowel movement was 3 days ago and patient denies N/V/D, urinary symptoms, increased belching, or fever. He reports occasional bright red blood in his stool at times. In regards to his BM, he typically goes everyday.

VITALS: BP: 127/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 97; **Resp:** 16; **Ht:** 73 in.; **Wt:** 302 lbs.;
BMI: 39.84; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Smokes 3-5 cigarettes per day. Denies alcohol or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; + RUQ, LUQ, and epigastric tenderness; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
AMYLASE (QUEST) (1 unit(s)): Quest Diagnostics
LIPASE (QUEST) (1 unit(s)): Quest Diagnostics
H. PYLORI UREA BREATH TEST (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

R10.10 - UPPER ABDOMINAL PAIN, UNSPECIFIED (PRIMARY)
K59.00 - Constipation, unspecified

PLAN:

Recommended otc magnesium citrate. Given directions for use. 1/2 bottle now then 1/2 bottle in 12 hrs if no bowel movement. Rx for colace. Follow up with labs. Given ER precautions for worsening symptoms over the weekend. Follow up on Monday for recheck.

Colace 100 mg capsule
Refills: 1 Qty: 30 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME AS NEEDED for constipation

Electronically signed by Lindsey Barton, CRNP on 09/23/21 10:22 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.