

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/27/21

PATIENT: WANG, JI **DOB:** 06/13/2001 **Gender:** MALE **MRN:** 4839 **AGE:** 20 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Follow up on abdominal pain from last week.

HISTORY OF PRESENT ILLNESS: Patient presents to clinic for a follow up on last weeks appointment with abdominal pain. Patient states he has had a bowel movement about 5 times over the weekend and feels much better. He feels he now has diarrhea. Abdominal pain improved.

VITALS: BP: 122/80 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.1; **Resp:** 14; **Ht:** 73 in.; **Wt:** 300.8 lbs.; **BMI:** 39.68; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Colace 100 mg capsule (TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE ONCE DAILY AT BEDTIME AS NEEDED for constipation)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Smokes 3-5 cigarettes per day. Denies alcohol or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

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R10.9 - Unspecified abdominal pain (PRIMARY)

R19.7 - Diarrhea, unspecified

PLAN:

Pt here after being seen for abdominal pain, constipation. Pt took mag citrate. Relief of constipation. Abdominal pain improved. Reports some diarrhea since starting the medication. Asked that he not take anymore mag citrate, to increase electrolytes and fluid, and to call if diarrhea does not subside in 2 days. He agrees. Educated on a healthy diet to include fruits, veggies, lean meats, and fiber. He verbalized understanding. asked to avoid all fast foods and fried foods.

Electronically signed by Maranda Fain, CRNP on 09/27/21 10:09 AM

M. Fain, CRNP