

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 02/28/18

PATIENT: KILCREAS, KRISTEN **DOB:** 04/30/1990 **Gender:** **MRN:** 483 **AGE:** 27 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Sore Throat

Symptoms: Beginning yesterday, sore throat, (L) ear ache, some nasal drainage, Felt feverish. Slept all day yesterday. Night sweats x 2 nights.

ModFact: Prenatal vitamin. Has history of mono.

Denies body aches

VITALS: BP: 113/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 98.6; **Wt:** 153.5 lbs.; **FDLMP:** 02/08/18

ALLERGIES: Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

Lexapro 20 mg tablet

PAST MEDICAL HISTORY: Migraines, HBP, Epstein-Barr, Dizziness

PAST SURGICAL HISTORY: Cholecystectomy--2006; Appendectomy--1995

FAMILY HISTORY: Mother with history of: Breast Ca; Sister with history of: Migraines

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Patient is positive for: Fatigue,

ENMT: Patient is positive for: runny nose, congestion, sore throat,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; EOMI; PERRL; Conjunctiva Clear; Sclera White; Left Maxillary Sinus Tenderness; Airways patent; Membranes moist;

EARS: External Auditory Canal clear; Both TM reflections dull with fluid noted behind TM

NOSE: Nasal mucosa moist and pink; No Turbinate Hypertrophy; Mild bilateral turbinate hypertrophy Left Frontal Sinus Tenderness;

THROAT: Throat red; Posterior Nasal Drainage; Mild bilateral Tonsillar Hypertrophy;

NECK: Neck Supple; Full Range of Motion; Left Anterior Cervical Lymphadenopathy;

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit; Gait and Station Normal;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

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ORDERS:

STREP A (1 unit(s)): In-House Lab
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
MONOSPOT (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

MONOSPOT:
Value: Negative

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
H66.92 - OTITIS MEDIA, UNSPECIFIED, LEFT EAR

PLAN:

amoxicillin 875 mg-potassium clavulanate 125 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

URI information sheet provided to patient.

RTC in 2 weeks to recheck ears or prn for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 02/28/18 10:34 AM