

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 01/09/24

PATIENT: BICKNELL, MIRANDA **DOB:** 03/25/1988 **Gender:** FEMALE **MRN:** 4876 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, runny nose, congestion, body aches, chills started this am.

HISTORY OF PRESENT ILLNESS: Denies fever. Recent exposure to covid in office at work. Had sore throat over Christmas break for 3 days, but then it cleared up on its own until symptoms started this morning (see above).

VITALS: BP: 108/66 **Pulse:** 90; **Temp:** 98; **Resp:** 16; **Ht:** 62 in.; **Pulse Oximetry:** 98%; **FDLMP:** 01/01/24

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet (1 tablet daily.)

Duexis 800 mg-26.6 mg tablet (TAKE 1 TABLET BY ORAL ROUTE 3 TIMES PER DAY as needed for pain)

PAST MEDICAL HISTORY: heart murmur, first degree heart block, mitral valve regurgitation, recurrent strep.

PAST SURGICAL HISTORY: breast augmentation 2013, tonsils and adenoids as a child.

SOCIAL HISTORY: Works at AUM. Has 2 children. Lives with partner. denies tobacco and illicit drug use; occasional alcohol use.

FAMILY HISTORY: HTN/CAD/MI- dad; COPD-mom and maternal grandfather; DM2- maternal grandfather; ETOH abuse-dad; hypothyroidism- sister; Rheumatoid arthritis- sister.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous without exudates. Right tonsil is present but small and with erythema. + Petechiae to uvula. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Positive

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J02.0 - Streptococcal pharyngitis (PRIMARY)
R52 - PAIN, UNSPECIFIED
J34.89 - OTHER SPECIFIED DISORD OF NOSE AND NASAL SINUSES

PLAN:

Rx as per below. Tylenol or ibuprofen as needed for pain/fever.

cefdinir 300 mg capsule
Refills: 0 Qty: 20 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 01/09/24 11:22 AM

L Barton, CRNP