

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/16/24

PATIENT: GRAY, LAURA **DOB:** 11/13/1985 **Gender:** FEMALE **MRN:** 4886 **AGE:** 38 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: runny nose, congestion

HISTORY OF PRESENT ILLNESS: Mrs. Gray is a 38 yo female here today for runny nose, congestion, sinus pressure, ear fullness, headache, and sore throat since Sunday. She has not tried any meds otc for symptomatic relief. She has recently been to Disney and is concerned about having COVID. Her son has similar symptoms as well. Denies fever.

VITALS: BP: 131/87 **Pulse:** 74; **Temp:** 98.6; **Resp:** 16; **Ht:** 65 in.; **Wt:** 161 lbs.; **BMI:** 26.79; **Pulse Oximetry:** 98%;
FDLMP: 06/20/24

ALLERGIES: Amoxicillin (product); Penicillin (substance); Sulfa (Sulfonamide Antibiotics)

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

PCP: Carey Williams, CRNP

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
R09.81 - NASAL CONGESTION

PLAN:

Recommended otc tylenol cold and sinus or similar and flonase for congestion for symptomatic relief. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 07/23/24 10:18 AM

L. Barton, DNP, CRNP