

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/11/23

PATIENT: GRAY, LAURA **DOB:** 11/13/1985 **Gender:** FEMALE **MRN:** 4886 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: rash to bilateral arm pits

HISTORY OF PRESENT ILLNESS: Ms. Gray is a 37 yo female here today for a itchy rash to bilateral arm pits for the past 1.5 weeks. Denies recent change in deodorant except for after the rash appeared. She changed deodorants then. She didn't apply deodorant today because of the rash. She has used Adams butt paste with little relief.

VITALS: BP: 140/81 **Pulse:** 74; **Temp:** 98.5; **Resp:** 16; **Ht:** 65 in.; **Wt:** 171.2 lbs.; **BMI:** 28.48; **Pulse Oximetry:** 98%;
FDLMP: 09/29/23

ALLERGIES: Amoxicillin (product); Penicillin (substance); Sulfa (Sulfonamide Antibiotics)

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

PCP: Carey Williams, CRNP

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. Raised, erythematous rash to bilateral axilla.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

B37.2 - Candidiasis of skin and nail (PRIMARY)

PLAN:

Rx as per below. Ok to not wear deodorant until rash resolves, but try to keep axilla dry. Follow up if no improvement

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or worsening symptoms.

nystatin-triamcinolone 100,000 unit/g-0.1 % topical cream

Refills: 0 Qty: 50 GRAM(S)

Instructions: APPLY TO THE AFFECTED AREA(S) BY TOPICAL ROUTE 2 TIMES PER DAY IN THE MORNING AND EVENING

fluconazole 150 mg tablet

Refills: 0 Qty: 2 TABLET(S)

Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; repeat dose in 7 days

Electronically signed by Lindsey Barton, CRNP on 10/11/23 4:26 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style. The "J" is large and loops around the first part of the name. "Barton" is written in a standard cursive, and "CRNP" is written in a slightly more upright, blocky cursive at the end.