

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/20/25

PATIENT: PIERCE, LAKAYLA **DOB:** 03/09/1987 **Gender:** FEMALE **MRN:** 4903 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, body aches, headache, congestion, fatigue, and cough since yesterday

Symptoms: see c/o

Duration: 1 day

ModFact: OTC medications

VITALS: BP: 131/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 91; **Temp:** 97.9; **Resp:** 16; **Ht:** 65 in.; **Wt:** 142.1 lbs.;
BMI: 23.64; **Pulse Oximetry:** 98%

ALLERGIES: Amoxicillin (product)

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: endometriosis, constipation.

PAST SURGICAL HISTORY: uterine ablation. Partial hysterectomy in Jan 2023.

SOCIAL HISTORY: ETOH on occasion; Does not use tobacco; Does not use recreational drugs;

FAMILY HISTORY: Father- diverticulitis.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Negative for Flu, Strep, COVID. Recent Flu infection in January. Likely Viral, no fever. Ok to return to work as long as no fever. Education on OTC medications and remedies to assist with s/s. Pt will return if fever develops or s/s not better in 507 days with OTC treatment.

Electronically signed by Maranda Fain, CRNP on 02/20/25 9:32 AM