

Auburn Montgomery Warhawk Health Services:

7461 East Dr STE 102
Montgomery AL, 361178092
(334) 244-3281

Date: 02/28/23

PATIENT: MOORE, LAKAYLA **DOB:** 03/09/1987 **Gender:** FEMALE **MRN:** 4903 **AGE:** 35 Years

Addendum Date: 2/28/2023 10:05:30 AM by Robin Blackwell

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Upper Respiratory

HISTORY OF PRESENT ILLNESS:

Ms. Moore presents to the clinic with complaints of body aches, headache, sore throat, cough and fatigue that started yesterday. She is taking OTC Delsym with benefit.

VITALS: BP: 128/81 HR: 112 **Site:** LEFT ARM **Position:** SITTING; **Temp:** 99.3; **Resp:** 16; **Ht:** 65 in.; **Wt:** 122.8 lbs.; **BMI:** 20.43; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: endometriosis.

PAST SURGICAL HISTORY: uterine ablation. Partial hysterectomy in Jan 2023.

SOCIAL HISTORY: ETOH on occasion; Does not use tobacco; Does not use recreational drugs;

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythema without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
R53.83 - OTHER FATIGUE
R05.9 - COUGH, UNSPECIFIED
Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Patient was offered steroid injection and cough RX, patient declined. Patient will continue Delsym OTC. Discussed with patient circumstances in which patient may RTC for re check. Patient verbalized understanding.

Electronically signed by Robin Blackwell, CRNP on 02/28/23 10:04 AM

Robin Blackwell CNP