

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/14/22

PATIENT: MOORE, LAKAYLA **DOB:** 03/09/1987 **Gender:** FEMALE **MRN:** 4903 **AGE:** 35 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Upper Respiratory Symptoms

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of sinus pressure and congestion, body aches, sore throat, headache, dry cough for 1 week. Patient has taken Delsym OTC for cough with benefit.

VITALS: BP: 122/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 97.8; **Resp:** 16; **Ht:** 65 in.; **Wt:** 124.7 lbs.;
BMI: 20.75; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: endometriosis

PAST SURGICAL HISTORY: uterine ablation

SOCIAL HISTORY: ETOH on occasion; Does not use tobacco; Does not use recreational drugs;

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary osinus tenderness noted, frontal sinus tenderness noted. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COVID Rapid Testing (1 unit(s)): In-House Lab

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STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R52 - PAIN, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
R05.8 - OTHER SPECIFIED COUGH
J01.10 - Acute frontal sinusitis, unspecified

PLAN:

Take RX as directed. Patient states she will continue Delsym for cough. Patient declined steroid injection today.
Follow up as needed.

amoxicillin 875 mg tablet
Refills: 0 Qty: 14 TABLET(S)
Instructions: TAKE 1 TABLET (875 MG) BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

Electronically signed by Robin Blackwell, CRNP on 10/14/22 2:22 PM

Robin Blackwell CNP