

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/19/21

PATIENT: MOORE, LAKAYLA **DOB:** 03/09/1987 **Gender:** FEMALE **MRN:** 4903 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, headache

HISTORY OF PRESENT ILLNESS: Ms. Moore is a 34 yo female here today for sore throat, headache, clear runny nose, congestion that started 5 days ago. She has been using herbal teas and zinc since yesterday for symptomatic relief. She felt very fatigued yesterday. Denies cough, fever, loss of taste/smell, n/v/d.

VITALS: BP: 113/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 98.1; **Resp:** 16; **Ht:** 65 in.; **Wt:** 125.9 lbs.; **BMI:** 20.95; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: endometriosis

PAST SURGICAL HISTORY: uterine ablation

SOCIAL HISTORY: Does not use alcohol; Does not use tobacco; Does not use tobacco; Does not use recreational drugs; Does not use recreational drugs;

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Given samples of ninjacof 2 sample bottles w/ instructions on use. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 10/20/21 8:33 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.