

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/16/21

PATIENT: MOORE, LAKAYLA **DOB:** 03/09/1987 **Gender:** FEMALE **MRN:** 4903 **AGE:** 34 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: HA, low grade fever

HISTORY OF PRESENT ILLNESS: The patient comes in today with recent low grade fever, HA, nasal congestions, chills, body aches, cough with clear mucous, sore throat. She is vaccinated for COVID, but not the flu. No longer has a menstrual cycle due to an ablation in the past. Her s/s started on Tuesday.

VITALS: BP: 118/82 **Pulse:** 99; **Temp:** 97.3; **Resp:** 16; **Ht:** 65 in.; **Wt:** 125 lbs.; **BMI:** 20.8; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: endometriosis

PAST SURGICAL HISTORY: uterine ablation

SOCIAL HISTORY: Does not use alcohol; Does not use tobacco; Does not use tobacco; Does not use recreational drugs; Does not use recreational drugs;

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/16/21

PATIENT: MOORE, LAKAYLA **DOB:** 03/09/1987 **Gender:** FEMALE **MRN:** 4903 **AGE:** 34 Years

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Positive
Comment: flu A

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R51.9 - HEADACHE, UNSPECIFIED
R09.81 - NASAL CONGESTION
R50.9 - FEVER, UNSPECIFIED
J11.1 - Influenza due to unidentified influenza virus with other respiratory manifestations

PLAN:

Pt positive for Flu A. Will send Xofluza to her pharmacy. She agrees. Asked to increase fluids, eat small healthy meals, rest. She reports her son is sick as well, asked her to call his pediatrician to let him know that he is sick and she is flu positive. She agrees. She will stay out of work for the next 5 days. Last fever yesterday.

Xofluza 40 mg tablet
Refills: 0 Qty: 1 TABLET(S)
Instructions: TAKE 1 TABLETS (40 MG) BY ORAL ROUTE ONCE

Electronically signed by Maranda Fain, CRNP on 12/16/21 1:27 PM

