



Baptist Health
PO Box 244001
Montgomery, AL 36124

August 31, 2023
LINDSEY BARTON,
7461 East Dr
Montgomery, AL 36117

Re: LAKAYLA MOORE

Date of Visit: 8/30/2023

Dear Dr. BARTON,

Thank you for sending your patient to my office, here is my assessment and recommendations. Attached you will find the full document from my visit.

If you have additional questions regarding this information, please contact:

Jack M Cooper, MD
Montgomery Surgical Specialist
(334) 244-6773

Sincerely,

Jack M Cooper, MD

MOORE, LAKAYLA DESHAE

Admin Sex: Female

DOB: 03/9/1987

Referral Note

Referral Note | 08/30/2023 to 08/30/2023

Source: Montgomery Surgical Specialist

Created: 08/31/2023

Demographics

Contact Information:

7007 BRASSIE BENDMONTGOMERY, AL 36116, US

Tel: 3342719300

Tel: 2562391611

Tel: (256)454-5702

Tel: (256)239-1611

Mail: LAKAYLA.MOORE@GMAIL.COM

Marital Status: Separated

Religion: Request No List

Race: Black or African American, Black

Previous Name(s):

MOORE,

Ethnic Group: Not Hispanic or Latino

Language: --

ID: 1202457

Care Team

Type	Name	Represented Organization	Address	Phone
primary care physician	No, PCP	--	--	--

Relationships

No Data to Display

Document Details

Source Contact Info

470 Taylor RoadSuite 202Montgomery, AL 361173532, US

Tel: (334)244-6773

Author Contact Info

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Recipient Contact Info

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Healthcare Professionals

No Data to Display

IDs & Code Type Data

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Primary Encounter**Encounter Information**

Registration Date: 08/30/2023

Discharge Date: 08/30/2023

Visit ID: --

Location Information

Montgomery Surgical Specialist

Work:470 Taylor RoadSuite 202Montgomery, AL 36117, US

Providers

Type	Name	Address	Phone
Attending	Cooper, Jack M	Work:470 Taylor Rd, Ste 202Montgomery, AL 36117, US	Work Tel: (334)244-6773

Type	Name	Address	Phone
Referring	BARTON, LINDSEY T	Work:7461 East DrMontgomery, AL 36117, US	Work Tel: (334)568-2120

Encounter

Account Number - Baptist Health Phys Grp 5002491802 Date(s): 8/30/23 - 8/30/23
 Montgomery Surgical Specialist 470 Taylor Road Suite 202 Montgomery, AL 36117 US (334)
 244-6773
 Encounter Diagnosis
 Diastasis recti (Discharge Diagnosis) - 8/30/23
 Discharge Disposition: 001-OP Disc to Home
 Attending Physician: Cooper, Jack M MD
 Referring Physician: BARTON, LINDSEY T, NP

Problem List

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant
Endometriosis	Confirmed			Active		
Fibroids	Confirmed			Active		

Allergies, Adverse Reactions, Alerts

Substance	Reaction	Severity	Status
amoxicillin		Moderate	Active

Medications

Valtrex 1 g oral tablet

1 gm 1 Tab, PO, DAILY, # 0, 0 Refill(s)
 Start Date: 7/17/15
 Status: Ordered

Reason for Referral

No data available for this section

Assessment and Plan

Extracted from:

Title: *Ambulatory Office Visit Note Author: Cooper, Jack M MD Date: 8/30/23

1. Diastasis recti

36-year-old female presents with a diastases recti likely secondary to childbirth and multiple abdominal surgeries. I spoke with Mrs. Moore and her mother in depth regarding the diagnosis and treatment options. I explained to them that this is not a hernia and carries no risk of bowel obstruction or complications. This is a gentle widening of the rectus muscle due to stretching from childbirth. I gave her a packet of core exercises and information on diastases recti. She was agreeable and understanding.

Ordered:

Follow Up, prn, 08/30/23, Future Order Indicator, Mont Surgical Specialist, Diastasis recti
Office Consult Level 4 99244, 08/30/23 10:26:00 CDT, Diastasis recti

Future Scheduled Tests

Referral:

- Follow Up 8/30/23

Immunizations

Given and Recorded

Vaccine	Date	Status	Refusal Reason
tetanus/diphth/pertuss (Tdap) adult/adol	7/19/15	Given	

Procedures

Procedure	Date	Related Diagnosis	Body Site	Status
D&C				Completed
hernia repair				Completed
myomectomy x2				Completed
tubal ligation				Completed

Results

No data available for this section

Social History

Social History Type	Response
Smoking Status	Never (less than 100 in lifetime); Non-Smoking Literature Non-smoker entered on: 8/30/23
Birth Sex	

Vital Signs

Most recent to oldest [Reference Range]:	1
Blood Pressure Cuff [90-160/60-90 mmHg]	119/72 mmHg (8/30/23 10:02 AM)
Temperature, Oral [94-103 DegF]	97.1 DegF (8/30/23 10:02 AM)
Heart Rate, Monitored [60-100 bpm]	64 bpm (8/30/23 10:02 AM)
SpO2 [91 %]	99 % (8/30/23 10:02 AM)
Blood Pressure Location	Cuff Left Arm (8/30/23 10:02 AM)
CLINICALHEIGHT	65.5 in (8/30/23 10:02 AM)
CLINICALWEIGHT	57.3 kg (8/30/23 10:02 AM)
Weight Method	Standing (8/30/23 10:02 AM)
BMI	21 (8/30/23 10:02 AM)

Functional Status

No data available for this section

Mental Status

No data available for this section

Implantable Device List

No data available for this section

Goals

No data available for this section

Hospital Discharge Instructions

No data available for this section

Health Concerns

No data available for this section

Note

- Cooper, Jack M MD: PERFORM
Event Display: General Surgeon Clinic Note
Authored Date: 20230830102948-0500

Referring Physician

Referring Physician: BARTON, LINDSEY T, NP

Chief Complaint

NP ABDOMINAL HERNIA

History of Present Illness

36-year-old female presents for evaluation of a possible abdominal wall hernia. She states that she had a GI virus recently and had crampy abdominal pain. She has a history of endometriosis so a CT scan was performed. I reviewed the CT scan images independently. I do not agree with the findings by the radiologist. The patient has a diastases recti, not a ventral hernia. There is no bowel involvement in this diastases carries no inherent risks. She denies worsening pain nausea or vomiting. Gastroenteritis has

resolved at this point. Chronic medical condition—endometriosis and fibroids—controlled. I reviewed referring clinic notes.

Review of Systems

All other systems reviewed and are negative

Physical Exam

Vitals and Measurements

T(Oral): 97.1 DegF(08/30/23 10:02:00)

HR(Monitored): 64 bpm(08/30/23 10:02:00)

BP: 119/72 mmHg(08/30/23 10:02:00)

SPO2: 99 %(08/30/23 10:02:00)

Height: 65.5 in(08/30/23 10:02:00)

Weight: 57.3 kg(08/30/23 10:02:00)

BMI: 21 (08/30/23 10:02:00)

Constitutional-no acute distress

Eyes- equal round reactive to light and accommodation, extraocular muscles intact

ENT- atraumatic, hearing within normal limits

Neck-trachea midline

Cardiovascular-regular rate and rhythm

Lungs-clear to auscultation bilaterally

Abdomen-soft, nontender, nondistended—no evidence of ventral wall hernias—she has a small diastases recti above her umbilicus

Extremities-no cyanosis clubbing or edema

Musculoskeletal-normal range of motion

Skin-no rashes

Neurologic-no focal deficits

Psychiatric-awake alert and oriented times three

Assessment/Plan

1. Diastasis recti

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Ordered:

Follow Up, pm, 08/30/23, Future Order Indicator, Mont Surgical Specialist, Diastasis recti
Office Consult Level 4 99244, 08/30/23 10:26:00 CDT, Diastasis recti

Problem List/Past Medical History

Ongoing

Endometriosis

Fibroids

Procedure/Surgical History

•D&C•hernia repair•myomectomy x2•tubal ligation

Home Medications

Valtrex 1 g oral tablet, 1 gm= 1 Tab, PO, DAILY

Allergies

amoxicillin

Social History

Alcohol

Alcohol Use: No.

Substance Abuse

Drug Use: No.

Tobacco

Tobacco Use: Never (less than 100 in lifetime). Non-Smoking Literature: Non-smoker.

Family History

DIABETES: Grandparent.

Depression: Brother.

Hypertension: Father.

(Electronically Signed On 08.30.23 10:29 CDT)

Cooper, Jack M MD

D: 08.30.23 10:29 CDT

Patient Care team information

Care Team Personnel

Name: No, PCP

Position: P4 EV Physician

Member Role: Primary Care Physician

Care Team Related Persons

Name: CLEMONS, LAURA

Address: home
140 AVE OF THE ORCHARDS
PIKE ROAD, AL 36064 USA

Name: CLEMONS, LAURA
Address: home
140 AVE OF THE ORCHARDS
PIKE ROAD, AL 36064 USA

Name: JOHNSON, DAVID

Name: JOHNSON, DAVID

Name: MOORE, OTIS JR
Address: home
7007 BRASSIE BEND
MONTGOMERY, AL 36116 USA

Name: PIERCE, CHARLES LESLIE

Reviewed
8/31/23
D. Houtan