

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 03/06/18

PATIENT: LJOHANI, ABDULLAH **DOB:** 02/22/1987 **Gender:** **MRN:** 490 **AGE:** 31 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: URI

Symptoms: Runny nose, congestion and sore throat. + for cough. No fever. + HA. + for body aches. Wants to lay around all the time

Duration: 3 days

ModFact: Cold and flu medication but it did not help

Other: Takes a medication called solpadiene that is codiene, acetaminophen and caffeine.

VITALS: BP: 115/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 99.6; **Ht:** 69.7 in.; **Wt:** 153.6 lbs.; **BMI:** 22.22

MEDICATIONS:

Inderal LA 60 mg capsule, extended release (takes 40mg qd)
topiramate 25 mg tablet (ipramax in Saudi Arabia)

PAST MEDICAL HISTORY: History of HTN

PAST SURGICAL HISTORY: No history of any surgeries.

SOCIAL HISTORY: Pt sexually active, not using protection. Has history of using cigarettes and OTC pain medication. No other recreational drugs or alcohol use noted.

FAMILY HISTORY: Father has history of HTN.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Patient is positive for: Fatigue, Malaise,

ENMT: Patient is positive for: cough, runny nose, congestion, sore throat,

PHYSICAL EXAMINATION:

GENERAL: Well/Developed/Nourished; NAD; Appears Consistent with Age;

HEENT: Normocephalic; EOMI; PERRL; Conjunctiva Clear; Sclera White; Airways patent; Membranes moist;

EARS: External Auditory Canal clear; Left TM dull without erythema, Right TM with + light reflex

NOSE: Nasal mucosa moist and pink; nasal congestion noted, Turbinate Hypertrophy on Left; Sinus nontender;

THROAT: Throat red; Posterior Nasal Drainage;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit; Gait and Station Normal;

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PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

ASSESSMENT:

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

loratadine 10 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY

URI information sheet provided to patient.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 03/06/18 1:53 PM