

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/14/23

PATIENT: BELL HAYNES, JANEL **DOB:** 08/14/1966 **Gender:** FEMALE **MRN:** 492 **AGE:** 56 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Sinus drainage and congestion since February 2nd. Seen at urgent care and negative for covid and flu. Given prescription for cough meds.

Symptoms: Still having cough and sinus drainage. Sometimes drainage is clear, sometimes yellow or green. Started having sore throat and low grade fever 99.9 yesterday. Has been taking benadryl and zyrtec for symptom relief.

VITALS: BP: 144/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 88; **Temp:** 97; **Resp:** 16; **Ht:** 59 in.; **Wt:** 132.7 lbs.;
BMI: 26.8; **Pulse Oximetry:** 100%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: HLD- no meds

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Works on campus. Drinks wine 2-3 nights per week. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

Rocephin 1G (1 unit(s)): Injection

Dexamethasone 4mg/ml (1 unit(s)): Injection

Depo-Medrol 40mg/ml (1 unit(s)): Injection

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RESULTS:

STREP A:

Value: Negative

Rocephin 1G:

Site Given: Left Ventragluteal

Dosage Given: 1 gram(s)

Administered By: Barton, Lindsey - CRNP

Dexamethasone 4mg/ml:

Site Given: Right Ventragluteal

Dosage Given: 4 milligram(s)

Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:

Site Given: Right Ventragluteal

Dosage Given: 40 milligram(s)

Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R05.9 - Cough, unspecified

PLAN:

Will treat for acute sinusitis. Of note, Her BP is elevated today. She states she checks it every day at home. This am it was 127/77. Follow up as needed.

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 03/14/23 4:49 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.