

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/15/24

PATIENT: BELL HAYNES, JANEL **DOB:** 08/14/1966 **Gender:** FEMALE **MRN:** 492 **AGE:** 58 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: left ear pain

Symptoms: ear pain

Location: left ear

Quality: dull ache

Severity: 5/10

Duration: for a few days

Context: recent otitis media left ear, given amoxicillin

Other: feels some PND, HA, rhinitis

VITALS: BP: 129/84 **Pulse:** 73; **Temp:** 97.8; **Resp:** 16; **Ht:** 59 in.; **Wt:** 130.8 lbs.; **BMI:** 26.41; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

atorvastatin 20 mg tablet (1 tablet PO QHS)

hydrochlorothiazide 12.5 mg tablet

losartan 100 mg tablet

meloxicam 15 mg tablet

tizanidine 4 mg tablet

PAST MEDICAL HISTORY: HLD, HTN

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Works on campus. Drinks wine 2-3 nights per week. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear, left TM-effusion without redness. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Left Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Fain, Maranda - CRNP

Depo-Medrol 40mg/ml:
Site Given: Left Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Fain, Maranda - CRNP

ASSESSMENT:

H65.195 - OTHER AC NONSUPPURATIVE OTS MEDIA RECUR LEFT EAR (PRIMARY)

PLAN:

Left ear pain, effusion on exam, no fever or redness. Reports rhinitis and PND, will do steroid injection in office. Plan for Zyrtec daily with Flonase. Pt agrees with plan. Plan for return if ear not improved by Monday.

Electronically signed by Maranda Fain, CRNP on 08/15/24 2:08 PM