

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/13/23

PATIENT: BELL HAYNES, JANEL **DOB:** 08/14/1966 **Gender:** FEMALE **MRN:** 492 **AGE:** 57 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: post nasal drainage nausea, and dizziness

Symptoms: Ms. Haynes is a 57 yo female here today for thick post nasal drainage, nausea, and dizziness that has been ongoing since her last visit here with an URI on November 17th. Denies fever, sore throat, or cough.

Other: Of note, she does not have a history of HTN. She checks her BP at home. She reports her BP this am was 117/75.

VITALS: BP: 162/96 **Pulse:** 84; **Temp:** 97.2; **Resp:** 16; **Ht:** 59 in.; **Wt:** 131.4 lbs.; **BMI:** 26.53; **Pulse Oximetry:** 95%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

atorvastatin 20 mg tablet (1 tablet PO QHS)

PAST MEDICAL HISTORY: HLD

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Works on campus. Drinks wine 2-3 nights per week. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection

Rocephin 1G (1 unit(s)): Injection

Dexamethasone 4mg/ml (1 unit(s)): Injection

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Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:

Site Given: Left Ventral Gluteal

Dosage Given: 1 gram(s)

Administered By: Bicknell, Miranda - RN

Dexamethasone 4mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension

PLAN:

Rx as per below. Follow up as needed.

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 12/13/23 3:03 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.