

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/14/23

PATIENT: DENT, PAMELA **DOB:** 08/11/1960 **Gender:** FEMALE **MRN:** 493 **AGE:** 62 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Left great big toe injury

HISTORY OF PRESENT ILLNESS: Ms. Dent presents to the clinic with complaints of left great big toe swelling and redness with bruising after she dropped a wooden candlestick on her foot this past Sunday. She states her toe is somewhat painful but not to much.

VITALS: BP: 142/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89; **Temp:** 96.3; **Resp:** 16; **Ht:** 66 in.; **Wt:** 169.6 lbs.;
BMI: 27.37; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Inderal LA 120 mg capsule, extended release (One tablet PO daily)
Protonix 40 mg granules delayed-release packet (1 tablet PO daily)
Synthroid 100 mcg tablet (1 tablet PO daily)

PAST MEDICAL HISTORY: Migraines, infertility, hypothyroidism, GERD, postpartum CHF, tachycardia (Cardiologist Dr. Paul Moore).

PAST SURGICAL HISTORY: Right lobe of thyroid removed, c-section

SOCIAL HISTORY: Does not use alcohol; Does not exercise regularly; Does not use recreational drugs; Does not use tobacco;

FAMILY HISTORY:

Mother with history of: Lung Ca, hyperlipidemia
Father: hyperlipidemia, HTN
Grandparents: unknown

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. Left great big toe is mildly swollen, with erythema and bruising noted. Nail bed is intact, no open wound. Left toe ROM is limited with flexion. Tender to palpation.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:

Site Given: Left Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

M79.675 - PAIN IN LEFT TOE(S) (PRIMARY)

PLAN:

Pending left foot x-ray. RICE instructions explained. Buddy tapped toe. Will cover with ABX for possible infection due to redness of toe.

cephalexin 500 mg capsule

Refills: 0 Qty: 14 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (500 MG) BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS.

Referral: EMIC, East Montgomery Imaging Center (Radiology)

Instructions: left foot x-ray

Electronically signed by Robin Blackwell, CRNP on 02/14/23 4:55 PM

Robin Blackwell CNP