

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/27/20

PATIENT: DENT, PAMELA **DOB:** 08/11/1960 **Gender:** FEMALE **MRN:** 493 **AGE:** 59 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cough and Shortness of breath

HISTORY OF PRESENT ILLNESS: Mrs. Dent is a 59 yo female with a PMH of migraines, GERD, hypothyroidism, and tachycardia who is here today for cough and shortness of breath. She was diagnosed with COVID 5 weeks ago. She had repeat testing 2 weeks ago that showed she was still positive. She has not ran any fever since her initial diagnosis. She continues to have a nonproductive cough and shortness of breath. Her PCP prescribed her a cough medicine and albuterol inhaler as needed. She was having to use the inhaler several times a day initially but only using as needed now. She continues to have loss of taste but she can smell. Denies sinus drainage, congestion, diarrhea, or sore throat. She is wanting clearance to go back to work. She was given a referral for CXR on Friday by our office but was unable to have the testing done.

VITALS: BP: 127/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 86; **Temp:** 97.5; **Resp:** 14; **Ht:** 66 in.; **Wt:** 160 lbs.;
BMI: 25.82; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Inderal LA 120 mg capsule, extended release (One tablet PO daily)
Protonix 40 mg granules delayed-release packet (1 tablet PO daily)
Synthroid 100 mcg tablet (1 tablet PO daily)
nortriptyline 25 mg capsule (1 tablet PO daily)

PAST MEDICAL HISTORY: Migraines, infertility, hypothyroidism, GERD, postpartum CHF, tachycardia (Cardiologist Dr. Paul Moore).

PAST SURGICAL HISTORY: Right lobe of thyroid removed, c-section

SOCIAL HISTORY: Does not use alcohol; Does not exercise regularly; Does not use recreational drugs; Does not use tobacco;

FAMILY HISTORY:

Mother with history of: Lung Ca, hyperlipidemia
Father: hyperlipidemia, HTN
Grandparents: unknown

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

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RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Chest XRAY (1 unit(s)): Outside Diagnostic
Rocephin 1G (1 unit(s)): Injection
Decadron 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
R06.02 - SHORTNESS OF BREATH
R05 - COUGH

PLAN:

Follow up with results of CXR.
Given rocephin and steroid shots in office.
Rx for medrol dose pack (start tomorrow am).
She has albuterol inhaler and cough meds at home (previously prescribed by her PCP).
Given work excuse until Friday.
She tested positive for COVID initially 5 weeks ago then again 2 weeks ago. She is afebrile since diagnosis but still symptomatic.
If we can get her cough and sob improving, then will clear for return back to work.
She verbalized understanding.

Medrol (Pak) 4 mg tablets in a dose pack
Refills: 0 Qty: 1 PACKAGE
Instructions: TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS (start 7/28/2020)

Electronically signed by Lindsey Barton, CRNP on 07/27/20 11:53 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.

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