

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 11/28/18

PATIENT: DENT, PAMELA **DOB:** 08/11/1960 **Gender:** FEMALE **MRN:** 493 **AGE:** 58 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: Sore throat

Symptoms: Sore throat for 2 weeks. Denies any fever. Does have some drainage. Wakes up with it in the morning and it does not improve over the course of the day.

Location: Throat

Duration: 2 weeks

ModFact: Tried OTC medications without results.

Other: Does not know exactly the dosages on her medication.

VITALS: BP: 131/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 98.1

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Inderal LA 120 mg capsule, extended release

Protonix 40 mg granules delayed-release packet

Synthroid 100 mcg tablet

nortriptyline 25 mg capsule

PAST MEDICAL HISTORY: Migraines, infertility, hypothyroidism

PAST SURGICAL HISTORY: Right lobe of thyroid removed, c-section

SOCIAL HISTORY: Does not use alcohol; Does not exercise regularly; Does not use recreational drugs; Does not use tobacco;

FAMILY HISTORY:

Mother with history of: Lung Ca, hyperlipidemia

Father: hyperlipidemia, HTN

Grandparents: unknown

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Fatigue,

ENMT: Patient is positive for: sore throat,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Sinus nontender; congested, clear discharge.

THROAT: Throat is red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

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CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

J06.9 - Acute upper respiratory infection, unspecified

PLAN:

OTC meds to manage symptoms: Tylenol or Ibuprofen, claritin or zyrtec, Mucines DM, Flonase.

RTC if symptoms not improving.

Electronically signed by Carol Stewart, NP on 11/28/18 3:16 PM