

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/26/22

PATIENT: GRAY, DEVONNA **DOB:** 03/25/1961 **Gender:** FEMALE **MRN:** 4959 **AGE:** 61 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: dizziness

HISTORY OF PRESENT ILLNESS: Mrs. Gray is a 61 yo female here today for dizziness for the past 3 days. She has a history of vertigo one other time in the past. Dizziness is intermittent and with position changes. She can tell she is dizzy when she is asleep at night. She c/o left ear pain since yesterday. No ringing in her ears. Denies URI symptoms. Denies chest pain, palpitations, or SOB. She does have occasional nausea but no vomiting. She has had 3-4 episodes of diarrhea in the past 3 days as well. Denies abdominal pain, fever, or recent sick contacts. Also c/o intermittent posterior headache, however she has chronic neck pain and is supposed to have neck surgery soon so she is not sure if it's related to that or not.

VITALS: BP: 162/69 **Site:** RIGHT ARM **Position:** LAYING **Pulse:** 54 **BP2:** 156/72 **Site2:** RIGHT ARM **Position2:** SITTING **Pulse2:** 55 **BP3:** 148/86 **Site3:** RIGHT ARM **Position3:** STANDING **Pulse3:** 62; **Temp:** 97.7; **Resp:** 15; **Ht:** 64 in.; **Wt:** 208.2 lbs.; **BMI:** 35.73; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

cyclobenzaprine 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE 3 TIMES PER DAY as needed for muscle spasms.)
hydrochlorothiazide 25 mg tablet (1 TABLET DAILY)
ibuprofen 800 mg tablet (1 tablet every 8 hrs as needed for pain.)
omeprazole 40 mg capsule, delayed release (1 TABLET DAILY)
valacyclovir 1 gram tablet (1 TABLET DAILY)

PAST MEDICAL HISTORY: HTN, GERD; COVID August 2021. LLE DVT Sept. 2021. Chronic low back pain with left sciatica. Chronic neck pain w/ Cervical disc disease.

PAST SURGICAL HISTORY: Cholecystectomy

SOCIAL HISTORY: Recently moved here from New York with family. Works at AUM. Denies tobacco and illicit drug use. Admits to occasional alcohol intake.

FAMILY HISTORY:

HEALTH MX HISTORY:

Colonoscopy 2012 reportedly normal. Hemoccult cards normal in 2019.
Mammogram- 2019- reportedly normal.
Pap smear- 2020- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. No nystagmus. Ears- tympanic

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membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

BASIC METABOLIC PANEL (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
EKG (1 unit(s)): Office Procedure
Solunedrol 125mg/2ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: clear
Color: pale yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.010
Blood: Negative
pH: 5
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Negative

INFLUENZA:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Negative

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Solumedrol 125mg/2ml:

Site Given: Right Ventral Gluteal

Dosage Given: 125 milliliter(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

R42 - DIZZINESS AND GIDDINESS (PRIMARY)

R11.0 - NAUSEA

R19.7 - DIARRHEA, UNSPECIFIED

Z87.898 - PERSONAL HISTORY OF OTHER SPECIFIED CONDITIONS

PLAN:

EKG- Sinus brady at 55 bpm with no ischemic changes. UA negative. Orthostatics negative. Follow up with labs. Given steroid shot in office for vertigo. Rx as per below. ER precautions for worsening symptoms. Follow up as needed. She verbalized understanding.

meclizine 25 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED for dizziness.

ondansetron HCl 4 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 tablet PO every 8 hrs as needed for nausea.

Electronically signed by Lindsey Barton, CRNP on 05/26/22 11:29 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.