

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/11/22

PATIENT: GRAY, DEVONNA **DOB:** 03/25/1961 **Gender:** FEMALE **MRN:** 4959 **AGE:** 61 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: 6 month follow up

Symptoms: Mrs. Gray is a 61 yo female here today for 6 month follow up. She has a past medical history of HTN, vertigo, and GERD. She has no complaints today except for joint pain in her left thumb. She has an appt with rheumatology coming up. She did see Dr. Katz and neuro surgery who advised no surgery for her neck or lower back at that time. She has been exercising and trying to lose weight. She has not lost any weight but feels like her clothes are fitting better. Her dizziness from her last visit resolved within a few days.

VITALS: BP: 132/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 92; **Temp:** 97.5; **Resp:** 16; **Ht:** 64 in.; **Wt:** 209.7 lbs.;
BMI: 35.99; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

cyclobenzaprine 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE 3 TIMES PER DAY as needed for muscle spasms.)

hydrochlorothiazide 25 mg tablet (1 TABLET PO once DAILY FOR HTN)

ibuprofen 800 mg tablet (1 tablet every 8 hrs as needed for pain.)

meclizine 25 mg tablet (TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED for dizziness.)

omeprazole 40 mg capsule, delayed release (1 TABLET DAILY)

ondansetron HCl 4 mg tablet (TAKE 1 tablet PO every 8 hrs as needed for nausea.)

valacyclovir 1 gram tablet (1 TABLET DAILY)

PAST MEDICAL HISTORY: HTN, GERD; COVID August 2021. LLE DVT Sept. 2021. Chronic low back pain with left sciatica. Chronic neck pain w/ Cervical disc disease.

PAST SURGICAL HISTORY: Cholecystectomy

SOCIAL HISTORY: Recently moved here from New York with family. Works at AUM. Denies tobacco and illicit drug use. Admits to occasional alcohol intake.

FAMILY HISTORY:

HEALTH MX HISTORY:

Colonoscopy 2012 reportedly normal. Hemoccult cards normal in 2019.

Mammogram- 3/25/2022- Negative.

Pap smear- 2020- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

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RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

I10 - ESSENTIAL (PRIMARY) HYPERTENSION (PRIMARY)

K21.9 - Gastro-esophageal reflux disease without esophagitis

M50.90 - Cervical disc disorder, unspecified, unspecified cervical region

PLAN:

Follow up in 6 months or sooner if needed. Call office for refills when needed between now and follow up. She is aware she needs to schedule a colonoscopy.

Electronically signed by Lindsey Barton, CRNP on 08/11/22 2:13 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.