

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/01/21

PATIENT: GRAY, DEVONNA **DOB:** 03/25/1961 **Gender:** FEMALE **MRN:** 4959 **AGE:** 60 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Follow up to discuss blood thinner

HISTORY OF PRESENT ILLNESS: Mrs. Gray is a 60 yo female here today for a follow up visit. She went to the ER with a left lower extremity dvt s/p COVID. She is currently being treated with eliquis since September. She was given samples in the hospital. She is needing a refill and to discuss how long she will need treatment. She denies chest pain, sob, or palpitations.

She c/o cold sensation to both feet in all her toes. Almost like a tingling but not numb. She reports this started last week.

VITALS: BP: 140/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 85; **Temp:** 97.4; **Resp:** 16; **Ht:** 64 in.; **Wt:** 203.4 lbs.;
BMI: 34.91; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Eliquis 5 mg tablet (1 tablet PO twice daily)
hydrochlorothiazide 25 mg tablet (1 tablet daily)
omeprazole 40 mg capsule, delayed release (1 tablet daily)
valacyclovir 1 gram tablet (1 tablet daily)

PAST MEDICAL HISTORY: HTN, GERD; COVID August 2021. LLE DVT Sept. 2021.

PAST SURGICAL HISTORY: Cholecystectomy

SOCIAL HISTORY: Recently moved here from New York with family. Works at AUM.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. Sensation to all toes to bilateral feet. No lower extremity swelling.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
VITAMIN B12/FOLATE SERUM PANEL (1 unit(s)): Quest Diagnostics

ASSESSMENT:

I82.402 - AC MBLSM&THOMBOS UNSP DEEP VEINS OF L LOW EXTRM (PRIMARY)
D64.9 - ANEMIA, UNSPECIFIED
R20.2 - PARESTHESIA OF SKIN

PLAN:

Follow up with lab results. Will need to continue eliquis for 3- 6 months. Repeat LLE US in December. Meds as prescribed.

Eliquis 5 mg tablet
Refills: 0 Qty: 180 TABLET(S)
Instructions: 1 TABLET PO TWICE DAILY

hydrochlorothiazide 25 mg tablet
Refills: 1 Qty: 90 TABLET(S)
Instructions: 1 TABLET DAILY

omeprazole 40 mg capsule, delayed release
Refills: 3 Qty: 90 TABLET(S)
Instructions: 1 TABLET DAILY

valacyclovir 1 gram tablet
Refills: 3 Qty: 90 TABLET(S)
Instructions: 1 TABLET DAILY

Electronically signed by Lindsey Barton, CRNP on 10/01/21 4:50 PM



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